

ASCENSION or DESTRUCTION

Which Path Will You Choose?

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TABLE OF CONTENTS

Prologue.....	
Chapter One: Prophecy of 2012 and Beyond	
Chapter Two: The Mayan's and the Aquarian Age.....	
Chapter Three: Mother Earth Fights Back.....	
Chapter Four: Enlightened Warriors.....	
Chapter Five: Saint Cannabis.....	
Chapter Six: Karma and the Akashic Records.....	
Chapter Seven: Slaves of Misinformation.....	
Chapter Eight: Free Will, Life Lessons and Soul Tests.....	
Chapter Nine: Our Choice: Love or Fear.....	
Chapter Ten: Healing Ourselves and Mother Earth.....	
Chapter Eleven: Abortion, Crib Death & Suicide Revisited.....	
Chapter Twelve: Multi-Consciousness.....	
Chapter Thirteen: Dynamics of Pure Thought.....	
Chapter Fourteen: Removing Religion from the Equation.....	
Chapter Fifteen: Capitalis: Sever the Head	
Chapter Sixteen: Soul Ascension.....	
Chapter Eighteen: Your Pathway to Ascension.....	
Epilogue	

PROLOGUE

Many great prophets, mediums, and enlightened sages throughout history have brought forth their piece of the great puzzle of life. That mystery which dawned during the Piscean age and is continuing into the Aquarian Age we now embrace.

We too shall then bring forth that knowledge that has been channeled through us by our spirit groups.

During the last age, that of the Piscean; the majority of mankind were and still are creatures of destruction. Mankind has perfected the art of war and subjugation to a very high degree. War is simply used in today's society as an economic tool by the elite of the current world order.

For example it was the drug companies who created the influenza A (H1N1) strain that affects humans. They unleashed it on society in order to create mass fear among the populace. They created great wealth through the selling of their H1N1 vaccine against the deadly flu virus.

Besides the profit angle, manmade diseases have also been used throughout history to decrease certain populations around the world. The U.S. military gave smallpox infected blankets to Native American Indians to decimate their population. This made it easier to subdue them during the military campaigns launched to secure their lands.

The super elite prosper while using and discarding the life and liberty of those known as the 'poor' or 'inferior' of the world's population.

These they consider to be the lesser human beings, who have no voice, no influence, and/or of limited position in life. Those in the proverbial 'Ivory Tower' consider them mere drones to be manipulated without forethought.

The majority of mankind led by the top elite have been ravaging and destroying Mother Earth in search of wealth. They seek to bend her through force of will as they openly seek to totally consume her natural wealth and resources.

How foolish indeed mankind truly is, for only a fool would ignore the warnings of Mother Nature. Yet the world is full of dangerous egotistical minded individuals indeed.

They won't stop until Mother Earth has been raped to death. Their quest to increase their dominance over her natural wealth continues unabated.

Ignorance is not a defense for the destruction mankind has perpetuated upon this once beautiful planet of ours. Mankind has sown the seeds of destruction and that is what they shall reap in return. Through the form of intensified natural disasters, wars and mayhem many shall perish as foretold by the prophets.

They slapped her squarely in the face and threw down the gauntlet of war. Mother Earth has finally had enough. She has stopped turning the other cheek and has taken up the challenge. Those who are against her shall feel the roar of battle as she unleashes her wrath.

She has joined forces with the 30 percent of the populace who are working to help her ascend in the new Aquarian Age. The other 70 percent who couldn't care less about her, themselves or their Creator are already seeing the beginnings of her resolve.

Her campaign to remove them from her path to enlightenment is accelerating. She shall not be denied her birthright of ascension.

This book is for those who would assist Mother Earth, humankind and/or themselves to evolve spiritually.

The following will lay out the causes of the coming disasters. Providing information on how to effectively help reverse the negative effects mankind has perpetrated against Mother Earth.

Most importantly, including how individuals can develop their own ability(s). Allowing them to ascend to the higher realms of enlightened consciousness, and how to help others who are lost and wandering in the darkness to find their path.

The dawn of a new human being is already upon our horizon. Join the 30 percent and Mother Earth and ascend. Those who remain with the 70 percent and the top elite will suffer the fate foretold by the prophets.

It's your decision, to follow the path of fear (death) or follow the path of love (life), which will you choose?

CHAPTER ONE

PROPHECY OF 2012 AND BEYOND

Century after century mankind has heard the voice of the Prophets, Saints, Ascended Masters, Sages, Archangels, Mediums, Seers, and the like.

All have spoken on the same theme. Prophecy is just a **warning** of what may come to pass if mankind doesn't make positive changes. These changes involve the greater good of themselves and of Mother Earth.

They say there can be spectacular advancement in the areas of spiritual development and scientific knowledge/technology. Or there can be great catastrophes through; wars, disease, famine, drought, terrorism, hurricanes, and global warming to name only a few.

In other chapters you will be told how to make the necessary changes in your current life path to attain ascension.

Change of any true meaning must begin with the individual self. Then one can make a positive impact upon the world they live in. Dwell within and expand your true spiritual power and you will affect change on a higher physical and spiritual level. Seek to rediscover the lost spiritual laws of the great source of life, the Creator of All.

Mankind's past actions, our karmic debt, have set us on the destructive path we now face. We will make the necessary changes or we won't. Thus leaving us open to a wonderful future destiny or one in which many shall suffer greatly. This will occur not only on a physical level but on a spiritual level as well.

In the beginning of 2012 approximately 30 percent of the global population will be actively working on their soul awareness. They shall be doing so in order to individually progress and to help Mother Earth evolve.

The other 70 percent will be deliberately (ego consciousness), or through ignorance (apathy), creating the cataclysms the prophets are predicting.

Mankind's ego has created its own illusion of how to control not only itself but that of all life it encounters. It has run amok with its inherent destructive behavior throughout the centuries.

The 70 percent we speak of have lost faith not only in themselves but in the Creator, the great source of all life. You must have faith in something, and they have chosen to believe in nothing. They worship only corruptive power, greed, and coveting great wealth. They have lost themselves to the dark side of life one might say.

Mother Earth has already begun her cleansing of mankind's negative impact, her natural revolution in energy. Some events are already occurring; volcano eruptions, tornados, flash floods, severe drought, antibiotic resistant super-bacteria and the like.

Mankind's past and present destructive decisions run rampant throughout today's world. Those destructive decisions have lead to deforestation, corporate dumping of pollution and poisons into our air, water and soil.

These negative extremes and others are still causing incalculable damage to us and Mother Earth.

The 30 percent are working to create a future of peace and harmony. Not only for the next generations of humankind, but for Mother Earth, for she is the key to our success. We can live in grace and ascend together or she will ascend and remove us from her path to enlightenment.

The 70 percent think that nature is something that can be manipulated and destroyed as they see fit. They also blame nature for all the natural disasters without once looking at themselves as the cause of the disasters.

We have violently raped and are in the process of killing this once beautiful planet. She has provided us with everything we need to exist; shelter, food, clothing, water, air, and the like.

Not to mention how many millions of our own kind throughout history the 70 percent have murdered in their search for power.

How ignorant they truly are to think Mother Earth would allow them to kill her in their pursuit of material wealth.

She has already started to purge herself. The negative energy we have dumped into her is starting to be released against us. Through the eruption of earth quakes, floods, hurricanes, droughts, tidal waves, disease, famine, and that's just the beginning.

Mankind has caused much misery through war, corporate pollution, and global warming (melting polar icecaps).

The ascension process for Mother Earth is speeding up as she enters and moves through the Aquarian Age. So time is running short before she commits herself to unleashing a total cleansing of mankind.

The analogy can be made that at this time Mother Earth views human beings as a skin cancer. A plague upon her surface which she can heal it, destroy it or let it consume her.

She has been waiting for mankind to find its proper spiritual center, thus working in harmony for all of us to ascend together. But the majority of mankind has failed and/or refused to grow spiritually.

The industrial sector elite view the planet as a 'thing' they can destroy for the sake of their profit gains. Nothing else matters, not you or I, not Mother Earth or future generations, just their selfish greed.

So Mother Earth has no other choice left except to move forward. With us or without us for her survival and ascension depend on her moving into her evolutionary process of purification.

The 70 percent will blame or look to religion which will not help them, for they feel that they will be saved, or that their god is punishing them. They are lost in their own ignorance.

We need to wake up and start making positive changes in our lives. Time is running out as the point of no return will soon pass and leave us no choice in the matter.

What we have seen so far is very small on the scale of what she can do should we fail to change our destructive ways. She's trying to assist us to ascend but the 70 percent are not listening, don't care, or simply won't give up the material greed.

Those who think the new millennium we have entered will just maintain the status quo are in for a rude awakening. The current path mankind is now on has only one ending. Through Mother Earth unleashing her arsenal of natural weapons and wiping out the 70 percent of mankind.

The other 30 percent who are trying to make a positive difference will ascend to the

next dimension. They will be allowed to move forward with her and to reincarnate back to her in their future lifetimes.

The 70 percent as they are cleansed from Mother Earth will not be allowed to reincarnate back. Their fate condemns them to be reincarnated to other planetary systems that are lower 3rd density planets.

After a period of one millennium Mother Earth shall grant them the privilege of reincarnating once again.

For those of the 70 percent and the top elite let me speak on your lower negative level for a moment. Remember as you go forth and screw over your fellow citizen, you not only screw them but you screw yourself. Wake up before it's too late!

Karma records everything you say, do and think. Sooner or later you have to pay the price for your apathetic ego based indifference.

You created what you are about to receive. Yet you'll be the one's crying and begging the loudest for others to help you.

The Mayan calendar ends on December 21st 2012. That does not infer an apocalyptic end to the world. Yes, there will be the ever increasing manmade and natural disasters taking place worldwide. The world won't end overnight, but will suffer the negative path it has chosen for itself.

The old world forces of corrupt corporate/government power refuse to surrender their control. That will signal the impending battle with the new forces. Those new forces that seek to restructure the new power of individualism in our future world society. Those of the enlightened warriors will continue to do battle with the old world elitists as our future unfolds.

If you were to seek out those remnants of the Mayan society of today, they would emphatically tell you that the world will not end. It is simply entering a new phase of expanded consciousness that will greatly affect Mother Earth.

Mankind will also feel the spiritual effect. Sad to say time is running out for those not working toward their soul ascension.

The world will change drastically for the 70 percent and the elite. A horrific end waits if they don't join in the ascension process.

CHAPTER TWO

THE MAYAN'S AND THE AQUARIAN AGE

The Mayan's major advances in mathematics, astrology and architecture were taught to them by a small group of extraterrestrial beings. These aliens came for a short time to interact with the human population on an experimental basis.

Those who escaped the last disturbances and destruction of that region known today as Atlantis brought forth their influence as well.

The Mayan's were introduced to superior technology. This was done in part for the extraterrestrial beings to study their learning capabilities. To evaluate how they learned and coped with the vast complex knowledge they were supplied.

They were shown how to build their stepped pyramids and other architectural designs with the aid of the aliens advanced machinery.

They were taught how to track celestial and terrestrial cycles and objects.

Those entities from Atlantis and the extraterrestrials assisted the Mayan's in producing a variety of working calendars. This aided them in observing the constellations and helped to implement their cultural ceremonial events.

The alien beings finally withdrew and removed all technology they had introduced. Through observation they determined the Mayan's were not ready for such advanced methodology. The aliens reached this conclusion after observing many behaviors which they determined were not acceptable to them (i.e., human sacrifice).

After the extraterrestrials withdrew the Mayan Empire continued to flourish. That is until natural disasters and several diseases of epidemic proportions wreaked havoc throughout the land. These events decimated the population which in turn all but ended the spectacular Mayan culture.

Let us turn now to the astrology of the Aquarian Age. In order to understand the new Aquarian Age we first need to dwell a little on the age we just left.

The main focus of the Piscean Age was the battle between science and religion. Science could not prove the existence of a so called 'God' by empirical evidence. Therefore it rejected religions unquestioning faith. Religion on the other hand used 'unquestionable faith' as their standard belief system for the existence of God.

Mankind during the Piscean Age battled against itself. Those who controlled the knowledge controlled the meager and indigent masses of the world. That power flux increased the gap between the 'haves' and the 'have not's' of the old world order.

As science and technology advanced in the Piscean Age, religions started to falter. They have continued to lose ground even as we entered the new Aquarian Age. Yet in the wake of religions decline in the latter centuries a small non-religious spiritual movement arose.

Those new seekers who feel God is not to be found in an external holy building or religious dogma. They believe God is to be found within each individual. One must tap into their inner soul in order to experience and commune directly with God.

These enlightened warriors understand by creating inner harmony in oneself they can affect world change. Therefore they feel religion no longer serves its original purpose.

In the new Aquarian Age we have already entered, science and the metaphysical will merge into one entity. Once they blend successfully they shall serve the brotherhood of humankind.

Through their belief of sharing and integrating knowledge one can open up to the wisdom of the universe.

Mankind must stop big governments and global corporations from controlling and destroying the populations of the world. The individual will be the future focus for controlling themselves through spiritual awareness. This will in turn effectively control all levels of society.

The average individual has a basic working knowledge of astrology through what little they were taught in school. This mainly concerned the planets, moon, solar system, universe, through the typical instruction of basic education.

Therefore let us now expand on the Aquarian Age. Each age is comprised on average of 2,150 years in length. There are twelve ages to a complete period. These periods take approximately 25, 800 years to finish one whole cycle. Just remember, everything in the universe moves through cycles. These cycles are constantly repeating themselves over and over again.

Referring to the Winter Solstice date of '12-21-2012,' this is an awakening. This is a greater time of evolution. There has been much written about this and there are some truths in each, though there is a great deal of material that has been lost or ignored for the sake of profit or to fit it with other ideals on the earth. There is nothing negative coming from this date or the changes preceding it or following it.

There is a change taking place and a large amount of energy will culminate on this date. There will be a pressure felt by many and it will be lifted on this date. There will continue to be changes but this will be a tipping point. The date has also served to bring notice to these ideals and processes in nature, and in the mind and human spirit.

The calendar that has counted this off was in place for this reason. An abrupt stop to any seemingly forever calendar will cause major attention, though many force it to become a dreadful thing when speaking this information to others. Attention, a focal point for discussion and an awakening. This was a mere road sign on the path of life that was set in motion many centuries ago. This allows a talking point, as it were, to create a window to the past, and allow those who may not find an interest in past civilizations, to delve deeper into the reasoning and earth changes, not simply a calendar to them, but a reason for investigation.

This date and the counting system are a catalyst for initiating thought in the humans and spirits of current times. Just as with many items, thoughts, or reasons, it is a blend of man's ideas and need for change, and a subtle nudging for this side of the veil. So that men will not fall too far off the path of life and understanding. For at this time it is becoming increasingly difficult for some to live on this plane due to conflict, war, profit, greed, and others. This will serve as a reminder that life and time are always changing, there is a cycle, and nothing ends. A catalyst for changing. Some will doubt it until it is felt.

There may be some who experience this as only earth changes, and do not take advantage of a deeper energy that is being brought forth at this time. Though, the end

result will be peace, a more peaceful time. You will still have conflicts, this is not to say that each person will 'have their own way' until they end their life. What would be the purpose of experiencing life if there were never difficulties to experience? This lifetime will come to a close on this date, and a new beginning will be marked by its passing. This is a time for celebration. This is a time for deeper thinking. Know that the calendar with which the date was counted off was brought by a higher form than man alone. The reason for this, Change!

Mother Earth is experiencing a physical and spiritual influx of energies at this time. Outside cosmic energies have begun to speed up, which in turn have been affecting our Sun. That effect has been causing solar activity to accelerate and intensify toward the Earth.

This solar energy that is bombarding Mother Earth is weakening her magnetic shield. This influx of energy is allowing the climate to change in conjunction with mankind's destructive nature.

Mother Earth herself contains a magnetic vibration. That vibration is speeding up due to more solar energy penetrating her weakened shield. That magnetic vibration affects all life forms on the planet, including that of mankind.

Therefore as Mother Earth's vibration speeds up mankind also experiences inner vibrational acceleration. This causes physical, mental and/or emotional distress as humans try to cope with their new vibratory rate increase.

The average adult person's knowledge of astrology is limited to reading their daily horoscope. Those found in the newspaper or on the internet. They know what their zodiac sign is. Also that it has something to do with the stars and their date of birth. Otherwise they know very little.

As a warning do not live your life by what your horoscope dictates. Do not let your destiny be controlled or ruled by the cycles of the zodiac.

You were given free will in order that you could break free of the cycles of life. You have the ability to progress at an accelerated spiritual growth rate while in the human form.

Remove yourself from the wheel of karma. Allow yourself to expand your spiritual vibration from the lower realms to the higher realms of awareness.

You are not a puppet to be controlled by outside forces. Seek within yourself and follow the path you yourself chose for this lifetime. Use your free will wisely and open up to the infinite wisdom contained within.

CHAPTER THREE

MOTHER EARTH FIGHTS BACK

Those 30 percent of the global population realize that Mother Earth is much more than simply a physical planet. She is the lifeline of ‘all’ creatures that incarnate into this plane of existence. We share Mother Earth with the animal, plant and mineral kingdoms.

Mother Earth has come full circle and now has begun her next ascension process. In order for her to ascend to the next level of dimensional consciousness she must cleanse herself. By ridding herself of all the negative manifestations of energy mankind has forced upon her.

Spiritually, emotionally, mentally, and physically she must go through detoxification. This purification will take the form of; tsunamis, coastal flooding, severe heat waves, forest fires, earth quakes, droughts, volcanic eruptions, famine, hurricanes, tornados, widespread disease, snow/ice storms, to mention a few.

More will form and intensify if we don’t assist and help heal Mother Earth in her time of great need. She needs our love, not our hatred and/or indifference.

Her consciousness is continually being infected by the 70 percent and corporate elite. This is brought about through racism, hatred, bigotry, avarice, terror, and their war mongering mentality.

Mankind needs not only to stop creating pollution; we need to clean up the poison we’ve already dumped into this planet.

Mother Earth can unleash global destruction that mankind cannot even envision at this time if she deems it necessary. It is up to mankind just how severe the natural disasters/diseases will be. That being based on what we do or don’t do to correct the situation on a spiritual level, as well as a physical level.

Mankind cannot rule, control or contain Mother Nature, period! We spend most of our time blaming nature for the disasters, when in fact we have manifested the destruction ourselves through our negative energy. How many warnings must we receive before it’s too late?

We’ve come to the mindset that we no longer need to co-exist with Mother Earth. We have lost our personal connection to nature, and we shall be so very sorry for allowing this to happen.

The 30 percent are seeking to save her by using their positive free will. If we raise humankind’s consciousness, and our level of unconditional love, we can triumph in the future. That incorporates the true love of the Creator, the love of self, and the love of all others that exist on the planet.

Through treating Mother Earth with respect, positive energy, and love, she will then respond in kind. The natural disasters will be less severe for all concerned.

If we fail to respect Mother Earth, we condemn ourselves to the prophetic warnings of earlier times.

Scientists will try to examine and explain away the reasons for the coming global

changes. Those changes that are associated with Mother Earth's ascension. Yet they will continue to fail because they refuse to see the connection between the scientific and the spiritual elements.

Mother Earth is leaving behind the masculine side of her evolution, which was the dominant force in the Piscean Age. She now will bring forth the feminine side of her new consciousness as she progresses in and through the Aquarian Age.

Just realize the feminine is not coming forth to rule over the masculine. The feminine will rise to a state of equilibrium with that of the masculine in all areas.

Women are the true nurturers of humanity, and are the bringers of life and love to this planet. Men are the weaker overall sex, mentally and emotionally speaking. They foster chaos and destruction to all life through their self absorbed egos (jealousy/fears).

Men need to seek out and tune in to their feminine half, so they can grow spiritually on all levels of their being. Both must work in harmony to forge a new world of peace. To walk side by side on the path that leads humankind to greater compassion and understanding for all life.

Global warming is a plan to allow man to realize the impact he has on the earth through commercial means. There is much to understand that all humans, no matter their intent, leave a trail of debris on this Earth. There is much in that trail that is unnecessary and can be stopped.

Many feel better about recycling or using alternative ingredients. These are helpful but do not stop the overall impact, when a better alternative is to find new ways of existence and means to our daily lives. There is not much that is coming from it now since there is fighting between science and the reasoning for it. There are many times that should merely be experienced and mindful attention paid to the thoughts it creates in you, not the reasons why this situation is created.

There are many who blame god or some external forces. There is much that is done naturally to promote this into the natural view, but be aware that no matter what man does, nature will cleanse and repair itself if left to its own devices. There have been many times in the history of humankind that men lived better with nature, they did not pollute for the sake of material wealth. There was an understanding, a symbiotic relationship. Give and take, use and then repair. Today this is not the current overall view. There are many who attempt to strike a balance, but this may not help all those who are not working even to make amends through small tasks like recycling or using less. This simply cannot continue and the great physical changes to your world will help right these actions which have gone on for so long. There will be change, but not simply because of your pollution, though it is a contributor. This is in place to cause a shift in thinking. A new mental and spiritual age; where items are created with purpose, not to squeeze the populace from energy and money.

Things mankind needs to STOP doing and/or change to lessen the effects of the coming natural disasters:

1. Global warming; which causes rising temperatures (drought, famine, global hunger, etc.), melting of glaciers and arctic permafrost (coastal flooding), and destructive weather patterns (hurricanes, tornados, etc.).
2. Fossil fuel and deforestation (greenhouse 'CO2'gasses) needs to be

- reduced/contained on all worldwide levels.
3. Economic (negative market impact); stop allowing global corporations and/or governments to accelerate negative environmental impact. Stop them from decimating world populations by use of force, coercion, war, bribery, terrorism, genocide, etc.
 4. Producing/processing foods (fruits, vegetables, etc.) which contain; pesticides, chemical fertilizers, poisons, food colorings/dyes, preservatives, chemical additives. Stop replacing wholesome foods with genetically altered and/or engineered foods.
 5. Raising farm/ranch animals (livestock, poultry, etc.) which are injected with antibiotics, hormones, and/or steroids. Which in turn impact human beings on a physical level, through weakened immune systems, disease, etc.
 6. Drastically reduce or eliminate automobile and aircraft CO2 emissions in order to cut down on the damage to the overall climate.
 7. Climate change also affects ecosystems which in turn cause food chain reductions. This in turn leads to ever greater species extinction on a planetary scale.

Things humankind needs to START doing and/or change to help Mother Earth and ourselves survive the Aquarian age:

1. Buying organic foods which are produced without poisons being introduced into the soil, air, and/or water systems.
2. Consuming only those animals (cattle, pigs, poultry, fisheries, etc.) raised and fed on organic farms using free grains and/or natural grasses without insecticides, chemical poisons.
3. Replacing fossil fuels (oil, coal, gas, etc.) with clean energy systems (solar radiation, wind, water, etc.).
4. Recycling: 80-85 percent of basic consumer trash can be recycled. Yet less than 35 percent is actually being recycled.
5. Expanding and building more companies which produce wind and solar energy. Develop/promote those corporations/industries which promote renewable and alternative energy usage.
6. Turning garbage into usable fuel (synthetic gas) to power homes and businesses.
7. Address these destructive conditions; war, poverty, crime, and terrorism. These bring about fear and hatred on a global level which enter Mother Earth as negative energy.
8. Using the three R's (Reduce, Reuse and Recycle) for all individuals as well as for all corporations and nations of the world.
9. All societies, governments, global/domestic corporations need to join together to remove all contaminated conditions affecting the world environment. They also need to address the problem of over-population.

10. Commuting and/or buying fuel-efficient automobiles to assist in curtailing CO2 emissions.
11. Allow farmers to grow industrial hemp which will replace the needless destruction of trees. Hemp can produce paper products, medicine and food at cheaper costs.

Just be aware that manmade global warming isn't as much of a concern on a physical level as it is on a spiritual level.

Most of the global warming hysteria comes from the elite. They use it as a means to control/decimate the populations of the world from behind the scenes.

Wake up! Think deeper about your future, and the future world you are leaving for your children!

CHAPTER FOUR

ENLIGHTENED WARRIORS

Incarnating into this dimension to aid Mother Earth with her goal of ascension are those known as the ‘enlightened warriors.’ Mother Earth has asked the Creator of All for help and her prayer has been answered.

These new souls are arriving with advanced spiritual abilities. Abilities that will give them the power to challenge the old Piscean world order elite. They have the ability to reawaken this dormant energy in others.

Their mission is to instruct those currently present on new practices and thought forms. To focus their energy on raising the world for good. They may experience greater physical or mental anguish because of their openness. Yet, through indirect action they will influence many on this plane.

These enlightened warriors are being born and raised up in the current old world society structure. They will face many battles as they grow into adulthood throughout the Aquarian Age.

Those 70 percent who perpetuate the old negative status quo will not accept the new enlightened ones. They will do everything in their power to control or restrain these new souls. Fear of being stripped of their ill gotten authority and greed will compel them into taking action against their own kind.

The new spiritual warriors are incarnating with mediumistic abilities and greater intelligence. They are genetically engineered (DNA) and in tune with the new energies that are being introduced to Mother Earth. These energies are from the cosmic forces that are pouring in at an accelerated rate due to her ascension process.

Many of the enlightened warriors in the beginning will be attacked and subdued. The 70 percent and elite will not understand and will be afraid. They fear the enlightened warrior’s new power and the change they are bringing.

To contain these new genetically enhanced children, the 70 percent will through ignorance/fear try and control them. By using false psychiatric diagnosis (ADD, ADHD, Bi-polar, etc.) and the unnecessary use of behavioral medications.

Labeling them to show that they don’t fit in or interact well with so called ‘normal’ children.

Thus the elite will use these new enlightened children’s parents against them. Telling them for their child to fit into the old society they must be watched, medicated and controlled at all costs.

Fear in the beginning will indeed prevail. Those parents of the 70 percent will do everything in their power to comply with the old world order. Fear and ignorance are a strong combination for those in authority to use. They have used such tactics for centuries to maintain their control over the weak masses of society.

Those enlightened warriors born of the 30 percent will be understood and nurtured by their loving parents. They will be aided in their quest to bring forth the needed changes

to Mother Earth and to humankind.

These new warrior souls incarnating into the physical dimension bring with them the following abilities and the agendas of:

A. Having a higher functioning intelligence and consciousness that will connect them to all living creations. Thus leading to the understanding that all life forms are equal and deserving of respect and unconditional love.

B. Recover from illness, disease and injuries through cellular energy manipulation in an accelerated level of healing. This also includes healing of all creations in nature and assisting Mother Earth in her cleansing.

C. Female children as they grow into adulthood will take on positions of power in society. This will aid in the positive changes needed for the future restructuring of society. Male children will work in conjunction with their soul warrior counterparts to usher in feminine love which is part of their mission.

D. These warrior children will have the ability of clairvoyance and/or the ability of telepathy (both explained in Chapter 18).

E. A major part of these enlightened warriors mission is to challenge and destroy the foundation of the old world order. Those pertaining to the negative systems of dysfunctional education, destructive governmental bodies, and oppressive legal systems.

F. These warriors will address questions of inequality. Such as how can so many be obese while others are starving and dying by the thousands from malnutrition.

Many enlightened warriors already walk among us and more are being born every day. They will join forces with Mother Earth to assist in bringing about her ascension process. They bring change, and everlasting peace.

Being sent by the Creator of All, those who oppose the enlightened warriors and Mother Earth will be vanquished!

CHAPTER FIVE

SAINT CANNABIS

Spiritually speaking cannabis (marijuana) was used in religious rites and initiations as far back as the 3rd millennium B.C. Jesus of Nazareth used cannabis and taught others how to use it for healing sickness and alleviating pain. It has been used by Jesus and other religious figures throughout history for certain practices, which were designed to enrich the greater good of spiritual enlightenment and greater peace for humanity.

The drug war on marijuana has been lost and it's time to legalize its use just as alcohol has been legalized. As with alcohol, marijuana can be controlled by the government. Taxing it so that billions of dollars can be used 'for' the public good. Rather than spending billions of tax payers' dollars trying to win a war that was lost long ago.

Alcohol was a hard lesson to learn during the time of prohibition. That battle was lost until that drug was legalized and taxed for the public good.

It's time now to learn the same lesson with marijuana, to legalize and tax it for the welfare of society. How many individuals must be jailed over something which is far less harmful and destructive than alcohol? It contains medical benefits in treating the symptoms of major disease and illness such as cancer and eye disease.

How many are in prison now for purchasing and/or selling marijuana? It is a relatively harmless drug compared to alcohol, cocaine, and heroine. The elite need to stop manipulating drug laws. They do so to contain and control the vulnerable and destitute citizens of the world. The elite profit from the restraints and misery they place upon the poor huddled masses.

Legalized drugs such as nicotine (cigarettes) and caffeine (coffee, soft drinks, chocolate) are far more destructive and/or psychologically addictive than marijuana.

Marijuana is a natural herb, as with alcohol, this substance in 'excess' is not for humankind. When smoked it does have healing properties considering the smoke that is created and the chemicals it produces. In moderation it is a very effective healing agent, especially if combined with mind energy healing.

Hemp is classified as a drug under federal law because of its minor relationship to marijuana. Even though it doesn't contain enough THC to get an individual high from it.

Hemp production is relatively cheap and can be used to make food, medicines, paper products and rope. The top elite want to control its usage in order to maintain their alternate industries. Which include producing their expensive synthetic medicines, lumber industries, genetic foods, etc.

Some points to ponder:

1. Farmers on three other continents are permitted to grow hemp crops (paper, rope, etc.) for industrial production.
2. The level of THC (main ingredient of marijuana) found in the standard production

- of hemp is minuscule. An individual would be physically and/or psychologically unable to receive a drug high from smoking or ingesting commercial grade hemp.
3. Through government regulation, just as the drug alcohol is regulated, marijuana can be legalized and decriminalized. It can be sold using the same safeguards that are used in the sales of alcohol, nicotine and prescription drugs.
 4. It takes billions and billions of dollars to arrest, prosecute, and incarcerate individuals of nonviolent drug offenses each year. Billions of dollars that could be better used and spent on such things the public truly needs. Such items as Education, Social Security, Medicaid, and other community based programs.
 5. Studies show that those who drive under the influence of marijuana drive slower and more cautiously. Those who drive under the influence of alcohol drive faster and more erratically causing fatalities.
 6. In the United States, not a single death has been attributed to the basic act of smoking or ingesting marijuana.
 7. Research demonstrates marijuana use does not lead to cocaine or heroin addiction. Just as alcohol does not lead to cocaine or heroin addiction.

The time has come to let Mother Earth freely bring forth cannabis. To help those individuals who truly need the restorative healing properties of this medicinal drug.

Humankind needs to openly embrace its place in our religious and spiritual heritage as well. Stop being so afraid of positive change!

CHAPTER SIX

KARMA AND THE AKASHIC RECORDS

If you are in a physical human form you are experiencing what is called the cycle of incarnation. That which most individuals call reincarnation. There are many other dimensions, planes and/or levels of consciousness for individuals to incarnate and experience. But since we are in a physical form that will be the focus of this information.

Karma is simply the balancing of energy. Energy only changes form, it is never lost. There is always a reaction, in the same amount of energy, to that which is done by you. It may not be in the same form, but it is still experienced, sometimes scattered, sometimes in one action, but it is always in the same measurement of energy. This ensures direct learning by what one's own actions are creating. This is direct information on what one is doing but also by what one is thinking. Like attracts like, a law of attraction is not merely a passing fad. There is a change coming where people will come to understand that energy must be balanced.

Reincarnation simply means your soul has been entering into a human body through many different lifetimes. Each lifetime is a chance at learning spiritual lessons. These lessons lead us once again to the awareness that you are a co-creator with the Creator of All.

Those on the wheel-of-incarnation for example may have one or two lifetimes close together. They then may wait for several thousand years before reincarnating again. Many things are factored into being reborn again and again into this physical dimension.

Through these physical Earth lifetimes you are operating under what many consider to be a universal law, the law of karma. Karma in and of itself is not a universal law as many believe it to be. The basic principle behind it does operate on this physical dimension, that of cause and effect.

In the beginning God gave his new creations a life force of their own, that of conscious awareness. With that came the ability to create independently from their Creator using their new found free will.

These souls were provided with what are called universal laws (which are unique to each level of consciousness). These laws were set into motion by the Creator of All to help these new souls in understanding their new abilities.

The Creator of All's desire was for his creations to become self-aware. Then they could become companions and co-creators to the Creator of All. Yet along the way to self discovery many of the co-creations became lost.

Many souls became trapped inside their own creations. They lost the knowledge and remembrance of who they were and what they were. Through the laws put in place by the Creator of All they started on the path to rediscovery. Through reincarnation and karma they began their journey home, working on reuniting with the Creator of All.

Incarnating into this low dimension (3rd density) is basically one path many lost souls

chose to aid in their journey home. You can advance or progress more rapidly using this method of incarnation. Other souls have chosen not to get involved with the cycle of incarnations. They have decided to move at a slower pace on their journey back to rejoin with the Creator.

A soul will go through as many lifetimes as it takes to bring them back to the enlightened awareness of who they truly are.

These lifetimes which are influenced by karma bring with them their own set of problems. To progress at an accelerated rate one can move forward by passing the chosen tests and lessons. They may also lose ground by failing the chosen tests and lessons as well.

For example the lesson of caring for Mother Earth in her time of ascension. That in and of itself can be a very powerful lesson to challenge oneself to try and master. Failing to master it can cause a soul not to advance and even lose ground depending on how their free will plays out.

Nations and governments experience karmic justice just as individuals do. If they make war and create destruction on another nation or government then they will suffer the same karmic fate. War will come unto them in order to balance out the negative they have created.

Causing harm physically, mentally, spiritually and/or emotionally to yourself and/or to others adds to your negative karmic debt. Which in turn must be worked off in order for your soul to advance and become enlightened.

Negative karma comes back to us in many forms. Such as living through repeated negative life experiences with individuals we have wronged in previous lifetimes.

Many souls take on physical karma. Such as reincarnating with deformed or diseased bodies and/or mental or emotional problems/illnesses. They do so to pay back the negative karma they perpetuated upon others.

For example the soul that lived as Genghis Khan reincarnated back as the 'Elephant Man.' That soul wished to balance out part of the negative karma through ridicule and physical pain it received in that life experience.

Karma is not a system of punishment, it is simply a spiritual tool used to balance out the negative we create with our free will. What we sowed, be it positive or negative, we must in turn reap.

The repayment of negative karma comes in many forms. Say for example you and a spirit companion have incarnated to this physical dimension. You are female and your friend from spirit has come to earth as a male. Say he rapes and/or murders you during your lifetime together. This was an agreed upon lesson for the two of you to experience. One as the attacker and the other as the victim.

After you both return to the spirit dimension you then agree to switch roles and reincarnate again. So that you are now male and your spirit friend is now female. You now rape and/or murder your friend to even out the negative karmic debt from the earlier life together, which was all done as a learning experience.

Great lessons can be experienced under the karmic (negative/positive) umbrella of life. Can you see the unconditional love behind such a shared event?

The Creator of All does not interfere with anyone's karmic debt. Not those of an individual soul, not those of a nation or government, or of those of a society or civilization.

The Creator of All will not stop that which was set into motion by us and for our benefit. We will feel the pain or pleasure of that which we have created and are currently creating in the way of karma.

Yet, it is always possible to create a new direction. There are those who have created atrocities against life, and may move from that quite quickly, and do much good to balance the world in which so much negative energy was directed.

However there are some who will be seemingly trapped by it because they do not experience that act, and then learn to move away from it. Some repeat acts because they enjoy it, but are counseled upon return to attempt to allow them to gain the knowledge that was contained within that action.

There is much good in all or that is to say, there is the potential for the good in all to shine forth, but there is not always an influence of good. It is possible to create what you wish to experience, but know that certain trials will be experienced if you planned them before your experience on earth. Emanating good will give you the impression of release from this karmic operation. Though know that you attract what you do, you attract by actions and thought. Know that you may commit a terrible act, and you may think that in order to balance it you must be on the receiving end. This is the case in some form, but know that you may have already done so in another life, or that you will in your next life. There is balance to everything. A label of karma only explains the nature of balance in the universe and those planes the creator has developed.

The Akashic records map and record each activity that occurs in each life forms experience, not just of humans, but all life in every way, if there is, what you call consciousness, there is a record for it. There are records for each lifetime and records that are followed as a plan, and as a recording of what has taken place. There are records for planets, though many are being created as we speak to you now, and serve more as only the recording, and less of a plan as there is much left up to the individuals in an experience at any given moment.

There is much to be known about these and how they relate to each universe. Each universe or plane will be able to be experienced by you. These are not separated and do not have separate records. All are contained in one area. You may have the same access to them as any spirit or energy being. Each is located where all can review and research, review past lives and events of any in existence. These are not private for education, and learning comes from others and their actions. The knowledge will grow by expressing that which we cannot by way of viewing the actions, and though that were taken by others in the experience they had in their given lifetime.

There is much to be learned by this great hall of records, but understand that what goes into them before you arrive in a human form can be changed, after your birth and life start, all becomes a recording of what actions were taken. Each lifetime is categorized and each separate spirit can view each carnation they have ever had to view and track progress or trends in the way that many keep records on your plane now. There is much need for understanding and reviewing these.

These are becoming more easily accessed on your plane, but there must be some discretion by the entity that brings it forth and the requestor. Not all information is helpful in a lifetime, though if a spirit in human form is asking for them, there is a clear possibility that he or she is able to cope with previous actions. Be them positive or negative.

There is a need to review these from time to time. Review them prior to creating a plan for a coming future lifetime. There is a need to track these and all planes have access to them. This is one area where all beings may converge no matter their origination. Each may have access to each, but some higher forms are not shared with all for knowledge may not be ready to be shared. For its impact on those that read it and are not yet ready to understand the concepts contained within it. Peace to all is a trend that is increasing in number within the records as a shift is coming. We are able to map and track these actions, and determine how a shift might occur or see that the mind of men is changing from what it once was.

We are entering a new age as you say, and will be experiencing a new 'reality' that becomes the new normal, and less aggression towards those of peace and thinking and mental ability. Sharing of knowledge and dropping dogma for only dogma's sake, will happen. These all can be seen in records here.

Each plane has their own existence, their own purpose, and you can travel to these, though not all can experience them for extended periods of time.

These archives have existed since the creation of the very first soul. They contain all the information and knowledge of each individual soul entity. All creations of the Creator of All are registered within these etheric imprints. There is no need to worry about their contents for they only record unbiased information, there is no opinion contained in them.

The Akashic archives also contain a soul's past lifetimes, its present lifetime and even its future planned lifetime. While in the spirit dimension a soul can access their collective thoughts and imprints. This gives them an overall understanding of their souls overall progression or deterioration. That then explains where the soul entity currently finds itself. Where it needs to go in order to complete its journey of remembrance.

CHAPTER SEVEN

SLAVES OF MISINFORMATION

Global corporate conglomerates have bought and taken control of the majority of mass media outlets. That in turn gives them the power to control all news and information. This is then disseminated to the general public at large by their deceptive censorship practices.

That means you will only be given the news and information the corporations want you to have. The main reason being their hidden profit agendas; which increase their wealth, power and domination over the world.

Corporations and the top elite have become very powerful. Their reach commands influence and control over the major divisions of the United States government. Through their use of fear tactics, false propaganda (misinformation) and direct deceit (lies) they manipulate not only America, but the world economy.

C.E.O.'s, board members and shareholders of the major global corporations have manipulated many politicians and elections. This is easily done through pay offs and intimidation tactics.

The industrial controlled media invoke fear through their disaster based news. They help scare the citizens into giving up their freedom in exchange for false security.

The mass media's exaggerated and false reporting of terrorist attacks, weapons of mass destruction, and the like keep us fearful. They thrive on the suffering of the common man.

If you ask, "What part did the U.S. government play in the 9/11 terrorist attack on the Twin Towers?" The answer from spirit would be:

There is much that has been covered up. There was a direct influence in the attack and it is not by ignorance of pre-given knowledge as many keep repeating. This knowledge was conceived as a method for conveying to the public the reason for the atrocities.

To think that ignorance is a better excuse is unbelievable but many on your plane are much happier with this information than with any other excuse or reason that could have been disseminated. Using this excuse the government should have been fearful, that more public outcry would have been experienced as many would have lost faith.

Many believe any story that is put through the media and repeated like a mantra, over and over again. It becomes difficult to ignore the stories; many will doubt the truth that they know in their own mind, because they are faced with such overwhelming influx of information supporting the cause disseminated by the government.

There is reason to know that there is much done to bring the focus on the people of peace rather than focus on the reasons and motivations for this attack. It is our concern for you that many will be alarmed, and peace will be further from the obtainable future, because of the reasons that can be mentioned to you about this attack.

There are many who are in power who believe that these attacks were by outside

forces. They will also cling to these ideals because they do not believe that the government that they work within would be controlled by a group of individuals who are not elected.

There are many who still have morals and values that they hold fast to, but many will need to be broken from this in order for the truth to be found.

First, to say that the reason for these acts is obstructed or hidden is not true. There is much in plain sight that is the reason for these acts. There is money, power, and control by implementing the use of the Army. Control here at home, reasons and excuses for control of the population, rationing, giving up liberties. There is much involvement overseas in an attempt to gain control, in an attempt to gain allies, but these are not allies that we will gain by mutual respect for peace and order.

We will be receiving greater numbers of allies to the U.S. because of the deals and talks hidden from sight, through force and unclear tactics. These are not truly allies as their own interest as well as ours, is what each country seeks to improve, not mutually beneficial.

It is important to know that there was much done to attack the Trade Buildings prior to this seeming terrorist attack, and this is why this area was chosen. It was not necessarily for its symbolism, only those who attempted to wreak havoc on it prior to 9/11 attempted so for its seeming power.

The attacks blamed on those you call ‘terrorists’ were done so because of prior engagement in such activities that there is a story to convince you that such atrocities were possible.

There is much regarding the alleged pilots and victims. These are only cover stories. None were truly on the planes that hit the towers. There are many who have conceived stories to make the scene more tragic, believable, and convincing. Know that those in the buildings were truly attacked, but those in the planes—these are not believable stories because they are untrue.

There was no attempt by others to stop these flights because there were no person’s on board to stop them. It was not possible to create a control and inhumanely waste the lives of many on said planes. There are many who perished, but any plane that was used on that day did not succumb to death. There was emptiness. There were no deaths from being a passenger on a plane.

There was not an attempt to subvert these attacks because it was necessary for them to take place, to implement more control within the country and abroad. It is not readily acceptable by you for more specific reasons and means. It is important to know that there are some who are involved in government now, who are plotting similar deeds for the sake of convincing the populace of a looming terrorist threat, and an attack will be blamed and they will be accused of it. There is much done in a domino fashion, the American government seeks to implement control, but they also incite further violence because of the fury held by those who are the alleged attackers, though they’ve done nothing wrong.

There are many who speak against tyranny, and the large populations labeled as terrorists only hold differing views. Much as the world did in the many hundreds of years as this society was building up around the world. It has been the history of man to persecute that which stands out.

It is not merely those societies within the world that the U.S. feels are more

controlling that attempt to do this. In every area of the world there are many reasons, there are many people that attempt to stamp out differences. Often times this same act occurs indirectly because the populations have been molded to believe the popular consensus.

It is important to know that the rights and thoughts of the individual should be maintained after their own critical thinking, and careful evaluation brings them to a specific thought or belief. Standing for your beliefs is crucial and important to many who return many lifetimes over, for simply living life as an idle person and not actively seeking truth of any true nature.

It is important to know that there will be many who come to know the true nature of these attacks, and the true grandeur of the stories and telling of cover stories by government, not just within the United States.

The true nature of many things will die with the last life that was involved in the atrocity; know that more information can be revealed later as more will become acclimated to the possibility of this alternate view, as they see it. It is important to know the truth.

The U.S.A. consumes over 25 percent of the world's oil supply. Our corporate/industrial companies are counting on our dependence on oil. It gives them the excuse they need to perpetuate war on any nation/government for their greater profit margins.

The top coalition of global companies is not going to allow America to seek other forms of energy development. Not as long as they control the government and the oil imports.

The oil supply cannot keep pace with the demands of an ever increasing world population. Oil supplies have already hit their peak producing range in most oil producing countries.

By 2025 the oil supply will reach its zenith in oil producing nations. As world production of oil starts to diminish and world demand keeps increasing, global warfare will ensue.

Mayhem and chaos will aid in destroying our modern world society brought on by their greed. How many will survive the transition from an oil based world economy to a non-oil based world economy?

Big corporations are trying to bring about global capitalism to our planet. They seek total control and eventual domination of all old world colonial markets. Thus effectively controlling all nations and governments to some extent.

Capitalism does not function any better than Communism or Fascism. All those systems bring chaos, disharmony, poverty and death to all who are brought into it, except for the elite.

The world cannot sustain capitalism without cataclysmic results to the populations of the earth. Trying to export capitalism to the global community is a death sentence for all of humankind.

This 'World Order' they seek through their capitalistic control and war machines will reap a death sentence to which few will escape. Those who do will be enslaved to serve the new masters of the earth.

Democracy has become so weakened by corporate/government greed, sooner rather than later the world will see it disappear.

That which will spring up in its place will lead to catastrophic wars and genocide on a large scale.

Stop and think, help put an end to the continuous lies and propaganda that the nations and corporate elite are force feeding their citizens. Stop the constant bombardment day in and day out of all the negative mass media news. Its main design is only to create fear and panic.

It's time the 70 percent woke up and started to use one of the most powerful tools they have, the right to vote! Vote out the corrupt politicians who allow the corporations and powerful lobbyists to buy, control and influence them. Even our right to protest is being curtailed.

Politicians turn against the very individuals they are sworn to protect, the people.

A fearful nation is one where the very foundation of democracy is easily circumvented. Those powerful individuals in the government and the military industrial complex must be brought under control. When big business and government are allowed to conspire together all suffer. At that point not only does justice no longer exist, they destroy the very fabric of which democracy itself was created upon.

They seek wars and incite the people through 'patriotic rhetoric.' Using false mass media news stories and events in order to generate outrageous profits for themselves.

Soldiers are sent to fight in these 'profit wars' under the false pretense of defending national security interests. Defending democracy, our way of life, and freedom.

Our young soldiers come home mentally/emotionally broken or in black body bags. The death toll of our young men and women increases steadily. At the same time those corporations and industries involved with the military watch their profits soar. Corporate leaders see our young troops as expendable, as long as they keep generating wealth.

We are bombarded on a daily basis with negative news. Their intention and desire to keep us panicked and overwhelmed costs us dearly.

The more fearful the citizens become the more willingly they are to sacrifice their rights and freedom. The citizens are pushed further into poverty and chaos while the corporations grow fat off our stupidity and apathy.

Complacency by the citizens of the world, and most importantly those of America, are allowing the global corporations to destroy democracy. The resulting karmic debt to all those involved and to those nations will be immense indeed.

Mother Earth as she continues to gain momentum in her ascension is aware of the greed that fuels the global corporate elite. She shall use their own materialistic greed to vanquish them and cleanse herself of these destructive individuals.

Mother Earth will unleash the negative energy that the global corporations have created through their overwhelming voracity. That karmic retribution will indeed insight a war of apocalyptic proportions between her and mankind.

Global coalitions in conjunction with corrupt governments are lying to their citizenry. The citizenry may be apathetic and/or indifferent enough to believe the mass media propaganda and lies.

Yet they cannot lie to Mother Earth, or to the Creator of All.

CHAPTER EIGHT

FREE WILL, LIFE LESSONS AND SOUL TESTS

The laws of nature are brought forth by the Supreme Creator of All. In essence they state that all creations upon the earth must adhere to these basic natural laws. These simple laws assist humankind through their flight or fight response and through their reproduction instinctual behaviors.

These basic tools of nature apply equally to all species with the one exception being that of humankind. They must answer to a higher standard due to the law of free will.

Souls, while incarnate, do respond to natural instinct because they are housed inside a physical body. Souls have something the lesser species don't possess, the ability to create on a spiritual level, which then translates into the physical plane.

As you have read in earlier chapters we have free will and it is our right to create. We do this through our powers of mental (thought) activity, whether it is positive or negative in form.

Thoughts do have power and can be used for the good of ourselves, family, society and the world stage around us. But sadly our thoughts can be used to harm and cause great suffering to ourselves and to others. Free will teaches that we can treat others as we wish to be treated, with love and honesty. Or what we refuse to share will be taken from us through karmic retribution.

Think deeper before using your mental force, especially if you combine it with strong emotion (anger, hatred).

If you mentally, emotionally, spiritually and/or physically harm another you are simply harming yourself. For we all share the same spiritual life force and are all subject to the same karmic effects on this plane. What you sow, so must you reap in kind.

A soul cannot use their free will to interfere in another soul's spiritual journey, even if it is deemed a positive intervention. Only when a soul asks for help can another soul render aid thus negating karmic effect.

Free will allows a soul to choose to be in harm's way. Individuals have the right to follow such a negative path if it is of their desire or choice.

You cannot live another soul's lifetime for them, they must live it themselves. We have no right to change or disrupt the path they have decided to follow in this lifetime. If they seek assistance then you may help them.

A soul may choose a lifetime of sickness, handicap and/or disease in order to rid itself of past life karmic debt. You must not interfere with their free will to live such a life.

If you interfere anyway, you may stop them from completing what they chose as their spiritual path to enlightenment, and you invoke karmic retribution upon yourself.

The Creator of All wants his soul companions to use their free will wisely. So that we may bring forth true and positive awareness (consciousness). This will contain the very essence of pure love and wisdom in our selection of possibilities.

Many souls are destined to cross paths with another soul for the opportunity of

learning a specific life lesson. A mutual meeting agreed upon before your physical birth took place. That is not free will but known to us as destiny or that which was preprogrammed to occur.

Destiny brings us to a specific time, place and/or event, and then stops there. It is then up to those souls involved to use their free will which will decide the outcome. Whether the lesson is learned or not to be learned.

As a soul, before you incarnate, our subconscious is pre-programmed with life events we wish to experience. This is done with the intention of advancing our spiritual awareness.

These life events are destined to play out during that lifetime we chose to live. Once the event unfolds we can experience it as it was programmed to be or we can alter the experience.

The decision is ours and ours alone to make. Spirit companions can offer guidance during these life events but the decision can ultimately be made only by us. For it is our life and our pattern of spiritual growth that will be affected.

Concerning life lessons; soul's journey to this dimension to experience all the many diverse facets of true unconditional love. Many of these lessons come in the guise of disease/illness, war/genocide, rape/assault, murder/suicide and the list goes on.

Many souls program these types of life lessons to experience what true love is and how to understand it on all levels.

Unconditional love can be learned on a small scale or on a large scale. On a small scale, you might experience love through cancer or heart disease. This not only teaches the individual soul about love of oneself, but draws in family and friends. Thus teaching all involved about unconditional love through loss.

On a large scale, many souls freely give their lives to teach love through such events as plane crashes, global disease, genocide to name a few.

Love has no limits when it comes to teaching souls about its true meaning. You have heard it many times before, and it is still as true today as it was over the past millenniums. Fear is simply the absence of love.

Were you to truly comprehend the essence of love, you would never experience fear again. The Creator of All is trying to impart this to each soul. So that they may continue on their journey home to take their rightful place by his side.

Tests come in many shapes and forms. To give you an example of a true test of love think about this for a moment before you respond. God loves all his children no matter from what country, culture or race they hail from. All are loved and cherished as his creations and he holds no one above another. All are seen as equal entities in his eyes.

Praying to God to strike down one you consider an enemy is asking God to kill one of his own children. Would you pray to God to kill one of your own cherished children?

No prayer is ever answered by the Creator of All if it involves him being asked to destroy one creation at the behest of another creation. God loves all his children, not just his American children.

Murderers, child molesters, rapists, etc.; do they deserve to be punished for the rest of eternity? Damned to Hell?

If you answered 'yes' you have failed the test of understanding what true

unconditional love conveys.

If you truly believe in your heart that God loves 'you' more than he loves those spirits of Saddam Hussein or Adolf Hitler, then you need to read your holy book again. For you have truly misunderstood some very important parts, or your holy book was designed as a control measure through organized religion.

Our Creator of All loves those spirits just as much as he loves you! Open your soul to love and forgiveness or you will have to experience many, many lifetimes to learn a simple truth. That we are all connected through the Creator of All to one another.

Try to think on a deeper level and see things through the eyes' of our loving Creator. There is no right and there is no wrong, replace fear with love. You will see all that happens is for the advancement of all creation.

Most individuals who hate or despise others do so because they don't love themselves, or they are experiencing karma.

You cannot harm or punish another without harming or punishing yourself. That goes for all of God's creations (animals, trees, etc.) upon the earth as well.

The time will come when humankind will comprehend what the Creator of All has given to them. The means to experience the spiritual lessons of unconditional love through a physical form.

These lessons come by way of disease manifested through individual and community. By personal and public lessons of war, murder, rape, and the like. By global lessons of hunger, genocide, and the like. The lessons are meant to teach you to rise above such negative energy and see the truth and love behind the actions.

Once we comprehend the true meaning behind these lessons humankind will once again become enlightened. We shall step out of our self imposed darkness into the everlasting light of God.

Let go of the fear and let unconditional love show you the true path. The path that leads us back into the arms of our dear Creator of All!

CHAPTER NINE

OUR CHOICE: LOVE OR FEAR

Americans always choose fear; they give up freedom after freedom to secure a little piece of false security. The government and the industrial complex have always played upon our personal fear. Bombarding us through their controlled mass media outlets with 'patriotic' propaganda. Doing so to incite the citizens into backing their unscrupulous war agenda.

What was the true reason for the war in Iraq? There were no 'weapons of mass destruction' (WMD) found after the invasion of Iraq. There was no connection between the Iraqis' and the al-Qaeda. Iraq had no ties to 9/11 or to any known terrorist organizations.

Question: What was the true reason for the war in Iraq? Answer: Global corporate and government profiteers!

Those who profit from war are America's true enemies.

The American public has been manipulated time and again by their corporate controlled government. The following are just a few examples:

(12-07-1941) Pearl Harbor, the citizens opposed entering into war with Germany and Japan. President Roosevelt (FDR) instigated and then covered up his role in drawing the U.S. into war. FDR knew beforehand of the attack on Pearl Harbor and let it happen. Death toll 2,403 at Pearl Harbor.

(11-22-1963) President Kennedy was assassinated by the military industrial complex elite in conjunction with organized crime. Why? Because he did not want America to become involved in Vietnam.

(8-02-1964) Gulf of Tonkin Incident. President Johnson used that incident to escalate our involvement in Vietnam. Death Toll 58,267.

(9-11-2001) Terrorist attack on Twin Towers, New York City. The Bush administration and high government officials were involved. Americans allowed the attack on America with pretext of invading other countries, so war mongers and profiteers could remain in business and sustain oil greed.

(9-11-2001) Terrorist attack on the Pentagon. It is important to know that an explosion did occur. We can say at this time that it was an attack from within the building. Figuratively and literally. It was not an outside airplane or missile that caused this destruction. Simply isolated attacks, individually, would have been tragic, but several incidents only add to the chaos and the legitimacy of the story of terror and terrorists, and fundamentalist ideals as the core reason for the attacks taking place.

It was not by any of the means or methods or even men mentioned in reports that these acts were carried out. These were not men who benefited from the attack, the men who carried this out were strong-armed into doing so by higher authorities and those who were blamed were not existent.

(5-02-2011) USA announces Osama Bin Laden had been killed. The Obama

administration and top government officials were involved. Osama Bin Laden is alive and was not killed by US Military personnel. There is much being done at this time to divert the attention of the people on the world scene. There must be a measurable result from the acts of violence around the world. If this war is to continue there must be an effort, as the controlling party sees it, to head off any complaint that may appear in the future.

Sharing this information gives them an advance attack, figuratively, on those who may decide to raise their voice should some measurable progress not have been shown. There is no need to worry about Osama Bin Laden, his purpose has been served as the United States sees it, and there will be no purpose for him to enter into the media spotlight again.

His personal effects are being delivered as evidence that he was killed, though there is no proof that these have ever belonged to Osama Bin Laden. There should be patience by all, the truth will be revealed at a later time. This information can be read by all but many will not interpret it correctly.

There is a great warning that should be heeded by those who wish to pursue corrupt power and corrupt control but that message is being ignored. There is only so much push before others will realize that false information has entered the government's mind as an acceptable form of controlling or 'informing' the masses, the masses that government should have been elected by in hopes of improving the nation.

There are those in power who seek power and control at any cost. Just as there are wars with bullets there are wars with words. This is their initial attack though there has not been one for some time; this battle with the populations is intensifying. There have been many releases of information that show many governments are not what they appear to be and though this information has not been terribly impactful, it should be heeded that there is more being done to pull the curtain over your eyes than there is to reveal any information. Osama Bin Laden is not dead; this is an attempt to divert your attention.

You, those who watched this announcement and receive it, will be quite pleased with the government and a new faith will be instilled in the government and the president. There is a great push to bring this president back into the white house after this term is finished. This can only be accomplished through the perception in the masses as though he has accomplished much in his time.

Many presidents, through no fault of their own at first, have the best of intentions but simply perpetuate the purpose of the past leaders who simply went along with the mass beliefs in government. Just as there are those that the populations of people go along with—the crowd, the same is true for government, though there are small pockets that seek to gain more power and control.

There is not enough being done to make these changes. Once people have been pushed to an extreme there will be many more that rise up, but there will still be many who attempt to cling to the common view that there is no false information from the news reporters and there is no false information from the government figures. Trust should not merely be obtained through passing of information from one to another because those before you also believed.

All information should be scrutinized and evaluated so that each may form their own opinion and own views. What is true for one is not necessarily true for another because of their progress and development. There is a great deal of information being lost and even more that is being controlled for the sake of manipulation. There is no need to

worry, but more should be done to make this come to the light so that more can see it.

More people need to take an active role rather than sitting passively and merely entertaining the thoughts of voicing their opinion. It is our duty, your duty, to stop this mockery. There is only an illusion of democracy; there is a democracy storefront with a dictatorship in the back room that merely changes figureheads as necessary to show that people can make a change.

Notice how little change has taken place in the last elections, within the last few presidents that the United States has elected there has been little change, no drastic measures taken, only perpetuating the same dogma that each has created before him. There will be a time for change but many people are not coming to it as they should.

Many also sit silently though they do have this knowledge. Proper use of authority should be examined as well as the true necessity of authority in the first place. There should be no giving up of power, in personal relationship or for any other area such was the national view. Where the society is seemingly dependant on the government for things they should be imparting to one another or for themselves without national edict.

There is a pulse coming that will change all of this. Osama Bin Laden was not meant to be involved with the plot of 9/11, this was not his original plan, and he will see this at a later time. He is being used as a target for brutal retaliation and control in an area where none is needed. This is for selfish personal gains by those who are in a clandestine group who control power and disseminate information and control as they see fit.

There is much that is controlled by them; there are not many accidental happenings on the world stage. The wool has been pulled over the eyes of the average citizen many times before and this has the potential to continue for some time. There will be a pulse, they will come to a crossroad, and this will happen, the masses will have an opinion, a change in their reliance's on the group of control. The control will still attempt to establish its dominance over the population but it will be unsuccessful.

They will become as the late night television programs, only speaking to those who are inherently attuned to such information. This era of governing will fall by the side of those it attempts to control. Change, change is not just a slogan; it will be a series of actual events. Learning impermanence will help those who may feel that their grasp on the world is spiraling drastically out of control, this is merely a cycle.

The equilibrium that appears is merely a falsehood, it shall not be maintained. Go into the night and share with others, at a point when the groups have massed in numbers far greater than you have ever imagined. It will be time to share this information in the light for all to see. There will be a rebellion, a regime change. Through seen and unseen forces, through cataclysms of nature and of man. These will not be stopped. There is only a delay because of those who are coming to this information. There will not be a change in the plans laid out, a delay is all that is taking place, there are many ready for change now but there must be others to aid in this great shift of the world.

There are many who share inklings of this information but each individual does not know the great numbers of others who they also share ideals with. There are many who do not hold mainstream ideas but this is not known because of the media control and the populace and its own ability to shun those who are different. It will take many rising up before a wave of energy is cast upon those who are afraid to share information. Though they may only come to the light because others have led the way they aren't less important. One small step shall begin the journey that ends in giant leaps.

Many times they have manipulated third world countries by displacing democracy with a dictatorship. Someone they could then control to maintain their authority and dominance in the affected area.

Wars generate tremendous wealth for those at the top levels of government and big business.

These ultra-elite groups are systematically taking control behind the scenes. Their agenda is to globalize their power over all nations, including that of the USA. Once they have achieved a dictatorship role in a single global system they will be controlling everything on the planet.

These wars have made billions upon billions for the top elite who live the 'American Dream.' While those of the middle and lower class struggle to survive. The middle class continues to spiral downward in their pursuit of a false dream they will never, ever be able to achieve.

The dream itself was a fabrication of propaganda to ensure the capitalistic machine would be maintained. The top rungs of society and governmental power perpetuate the false hope to control the masses.

If we used billions and billions of dollars for peace rather than for war, what would be the outcome for humankind? Are we afraid to ask for what belongs to the people? Do we not deserve a government that helps its citizens through love and honesty, instead of deceit and betrayal?

What happens when a citizen questions what actually transpired during 9/11 and the war invasions that followed? The elite government officials simply say it's all just a 'Conspiracy Theory.' The apathetic and indifferent public stops questioning their government officials for fear of being labeled a 'nut case' or 'unpatriotic.' How easily we are duped and manipulated.

The citizens don't question what is printed or broadcast through the mass media. They read the headlines and form their opinions and judgments from that without reading the entire story. Then fail to question what doesn't make sense or seem right to them.

If you wish to know the real truth you must go outside of the American media to the foreign press. Most outside media are still unbiased and are reporting the facts without censorship. But even their governments and corporate leaders are starting to weaken to global pressure.

The only way to defeat terrorism is through education, basic justice for all citizens and a raised standard of living for all nations.

The super-corporations manipulate the military industrial complex through the guise of freedom. They move forward with their plans of a new world order which provides them with wealth, prestige and authority.

How many civil liberties must we give up to insure false security? The Patriot Act has taken a heavy toll already on American citizen's loss of freedom and liberties. How far are we willing to allow the ultra-elite to enslave us using our own fear against us?

How long before the elite collapse the FDIC and Federal Reserve systems to further their cause? Sooner than you think for who will stand in their way?

America is no longer the ethical and moral leader of the free world as it once was. It is now the main cause of global terrorism. It continues to allow the corporate/industrial/military complexes to run amok. They function without government intervention or control.

The Roman Empire was in decline from immoral and unethical decay through its negative leadership, and then it self-destructed.

The American Empire is now in decline from immoral and unethical decay through its corporate/government leadership. Are we now on the brink of destruction?

Terrorism brings on war, poverty and environmental decay. What does unconditional love bring to humanity? Think about it, and then answer with your heart and not with your fear!

CHAPTER TEN

HEALING OURSELVES AND MOTHER EARTH

Concerning an individual, none can receive healing until the soul itself is prepared to accept the healing. No matter how great the healer is, or how strong the healing energy is, nothing will be healed until the soul is willing. This may be due to a karmic lesson the soul is learning/experiencing, etc. This is why some individuals cannot be helped.

Others who have not chosen such a lesson can experience what some might call (wrongly) a miracle healing. Healing completely and totally the diseases Western Medicine cannot heal through their conventional methods of prescribing surgery and pills. Western Medicine is always ready to cut into the flesh or trying to control the illness with medications, extending their profit margins throughout the life span of their unsuspecting patients.

The healing energy that is necessary for human change will be provided here in its simplest forms. In order to understand the two basic methods of healing we will be focusing on self-healing and hands-on-healing. Just know there is no difference in the type of healing used. Often there are other factors that create differing energy creations through various types of healing. But this can have the same impact no matter what modality is selected for healing to begin or what method is used to request it.

More is done through the mind in these areas than what is currently acknowledged. That is not to imply that there is no energy that is being sent or that there is no direct influence when healing is being sent. A large factor in the healing or repair process of any ailment is due in a large part on the mindset that the receiver is currently residing in. If their mind is accepting of the healing energy, the physical will respond. If they doubt, or disbelieve, they themselves block the positive energy flow and thus experience no results.

The following will provide the basic foundation of knowledge for those who are new to energy healing.

Remember using the word 'spiritual' does in no way imply a connection with any organized religion or group thereof. One can be an enlightened spiritual person and have no ties to any church, mosque or synagogue.

There are two main areas that affect health, those being the mind and the physical body. The mind of the individual is the dominant force which controls the body.

Positive thoughts (love, beauty, peace, etc.) help to promote good health. Just as negative thoughts (anger, hatred, jealousy, etc.) promote unfavorable health.

Excessive negative thoughts cause almost half of all physical health problems on this plane of existence. Our thoughts do have the power to create positive and/or negative affects in our physical lives. All true healing comes from within the individual, not from without as western medicine might imply.

What we do to ourselves through good or bad eating habits has a profound effect on our physical body. Through abuse or addiction our bodies also experience negative

consequences. For example the misuse of illegal drugs and/or prescription drugs, alcohol, abusive sex, and tobacco products to name a few main ones.

Healing energies can be manifest through many forms; Hands-on, Color, Magnetic, Distance, Crystal, Music, Auric, Spirit, Reiki, etc.

SELF HEALING: Everyone has a companion/guide from the spirit dimension assigned to him/her during their lifetime on earth.

Your companion will not interfere with your life unless you ask for assistance. On rare occasions your spirit companion may intervene in your life plan. Say for example you have not fulfilled your main life lesson(s) during this current incarnation. Someone else's free will is going to cause your death, or you have become ill to the point you are going to die.

In that case your companion in spirit will intervene in your life without you requesting their help. They may deem it necessary to alter things or provide healing energy to stop your death from occurring. That's if it concerns your imminent death.

Otherwise your companion will simply observe your life without you being aware of it. You have the right to be as sick as you wish.

Should you request help with an illness, work problem or whatever, then your companion shall provide the needed assistance.

One of the things he can assist with is healing energy if you request it. In performing self-healing upon yourself you commence this by sitting or lying down in a comfortable position. This is simply to help relax your physical body and your mind. If possible, limit the light and noise that surrounds you during this healing time.

Mentally call your spirit companion. For example say, "This is (insert your name) and I am calling into the spirit dimension for my companion. Please come forth and place a shield of love, strength and protection around me straight from the Creator. At this time I'm requesting that you please bring forth some healing energy to help me."

State what the healing is for; such as arthritis, or to recover from some type of surgery, or help with some form of disease.

Now if you can reach the afflicted area simply place one or both of your hand(s) over, on or near the area of the problem. If it is an area of the body you are unable to reach then simply sit or lie down and relax.

When you are prepared mentally call upon your companion to bring forth the healing energy you seek. Close your eyes and visualize the affected region or injury site becoming filled with a bright healing light. See the affected area or region of your body becoming complete, healthy and whole again. See any disease in your body being overcome by the healing light. Feel your body being fully restored and energized.

You may decide how often you need to repeat this process, depending upon how much healing you require. You can ask several times a day, once a day, every other day, once a week. Whatever feels right for you as an individual.

Don't give up too soon if you feel nothing is happening. Your physical body needs time to correct itself and to make changes within it. Patience is a hard lesson to learn in the physical dimension.

Now for a warning: When you do get back to a better level of health, you must change the negative pattern that caused the problem. Whether it was brought on by a spiritual

lesson, or by a physical manifestation. If you return to doing the same old stuff that caused you to become diseased or ill, then you may suffer a relapse. You are in charge of your life, and only you can live it!

Remember some diseases or handicaps are placed in your life as a spiritual lesson for your personal growth. The individual chooses those types of lessons and spiritual healing may not have any lasting effect. Because the individual programmed it to appear in their life as a learning experience for the individual and/or for those connected to the person.

So if you seek healing, your spirit companion may not be so quick to intervene until you have understood the lesson you chose to learn.

Until your soul has complied with the natural laws and has learned the lesson you seek, healing in whatever form delivered has little chance of success. Open yourself to the infinite possibilities of change.

HANDS-ON HEALING: (This is mainly for those who wish to become energy healers. Those who have a strong desire to be of service to humankind.)

Just remember you never send or give healing to someone who hasn't asked for it. You must allow them the decision of invoking their free will. Some people don't want help or assistance for whatever reason they choose.

Not all healing concerns a person's physical health. Parts of it are about finding out 'why' a certain disease has come to you. Is it a spiritual lesson? What must be experienced or learned before it can be healed or not healed?

Healing energy passes from the spirit dimension to the physical dimension. This is accomplished in the following manner. A spirit being who works through you sends the healing energy into the physical dimension through an instrument. You the healer are that instrument. They can send the energy without using you; it just makes it easier and more intense if they use you as a direct delivery system.

The instrument being in the physical world allows that energy to pass through them into the person requesting the healing.

As the instrument you are the go between that connects the two dimensions. The instrument does not 'heal' anyone. You simply act as the conduit through which the spirit energy moves from one dimension to another.

You give your permission as an instrument for your spirit companion to transmit the required energy through your body.

Remember not to send any healing energy to whoever is requesting assistance. Allow only your spirit companion to send and deliver through you that energy, or you will cause illness and weakness in your own physical body if you are not shielded properly.

Part of the energy used by your companion, at times, will come from your physical body. Therefore without shielding yourself some of that person's negative energy may recede back into you, thus bringing on illness.

Until you have mastered and perfected your own personal technique of shielding yourself, follow this procedure:

1. After you have met the individual requesting your help and made them comfortable and relaxed close your eyes.

2. Inhale deeply and hold this breath for the count of seven. Then exhale and hold that for a count of seven, this helps to prepare your mind.
3. Now mentally call forth your spirit companion and ask him to place a shield of protection around you straight from the Creator of All.

This shield will protect you from any negative backlash given off by the person you are trying to help. You don't want any of their negative energy to affect you physically or spiritually.

If you are spiritually advanced enough to know where the healing energy is required, then direct yourself to that location of the person's body. Most new healers are not yet that advanced. Simply ask the individual what their complaint or illness is, and then focus your attention to that area of their body. The energy will go to where it is needed most.

You now have a choice of using one of two basic techniques to deliver healing energy. The first is where you physically touch the person seeking the help. The other is where you simply use your hands as an energy generator, and do not physically touch the individual.

Some individuals may feel better if they are touched (feeling the warmth of your hands and even feeling the transfer of energy). Some individuals may not feel comfortable with someone physically touching them. Such as a female who may object to being touched by an unfamiliar male. Always ask first if the person seeking healing minds being touched or not and comply with their wishes.

The following example will show the new healer how to use the two different techniques.

Let's say an individual comes to you complaining of migraine headaches. If he says he doesn't mind being physically touched, then you can sit him in a comfortable straight backed chair.

Standing behind him simply place your right hand on the person's right side of his head just above the middle of the ear. Then place your left hand on the person's left side just above the middle of the other ear.

Now if the individual does not want to be physically touched then simply place your hands in the same position. But this time extend them 2 or 3 inches out from the person's head.

You the instrument are simply generating the same field of energy between your hands whether you touch the individual or not. The energy from your spirit companion will still be delivered through you to the individual seeking help.

There are many ways to apply your hands to different areas of a person's body. Use what is comfortable to you and them. Then the use of your basic common sense is all that is required.

After the placement of your hands close your eyes and mentally call upon your spirit companion to send forth the healing energy. Allow that energy to pass through you penetrating into the body and soul of the person seeking the healing relief.

In your mind visualize, see that person walking in a beautiful field of flowers. Visualize them smiling and in a state of good health. Visualization helps to produce positive results along with the spirit energy that comes through.

Healing comes in many different forms. From someone seeking help with a broken limb to someone seeking help with a certain type of disease.

An individual can be affected by healing on many levels. Such as physically, spiritually, emotionally and/or mentally or a combination thereof.

Some who seek help may not know what is wrong. Just that they have a feeling of something isn't right. If that is the case simply allow your spirit companion to direct the healing energy to where it is required in their body.

Remember you are not healing any one you are simply the instrument used for delivering the energy. Your companion is the healer and bringer of the spirit force.

Once you begin the healing process remain in contact with the individual for five to fifteen minutes or until you feel the energy has been delivered.

Depending on what the ailment or disease is, you can then suggest how often to provide healing energy. Some may require a healing session only once a week. Others may need it on a daily basis. Some may need only a few visits while others may require several months to address their conditions.

Remember what was stated earlier, not all individuals will respond to healing energy. Those who have chosen to experience a disease or handicap will not respond until the lesson is learned. They themselves programmed that to bring about a spiritual learning event in their life.

The lesson may be for the individual or in conjunction with those around them, even if they no longer remember asking for such a condition.

MOTHER EARTH HEALING: The following information is provided to assist in understanding the overall picture of the healing process.

Medicine in all its forms has been around for thousands of years. Illness can be overcome and even prevented by the act of positive thinking.

Healing deals with bringing the whole individual (soul, body, and mind) into a positive state of harmony and equilibrium. Curing a physical disease does not ensure bringing the person to a state of wholeness. Where the person feels healthy and complete on all levels of its being.

Free will causes many problems and health conditions that need not occur for the majority of individuals in the physical dimension.

From a physical standpoint germs and bacteria can lay dormant in a person's body (fat cells) for long periods of time. When the person's immune system becomes weakened; stress, anxiety and/or excessive negative thinking (anger, hatred) then allow the dormant germs/bacteria to awaken so to speak.

One of the laws of healing is to earnestly forgive one's self for wrong doing. To forgive all others who have harmed you in any way mentally, physically, spiritually and/or emotionally. If you cannot forgive yourself and others, you only perpetuate the negative karma in yourself. Forgive and live a more joyful existence!

Asking Mother Earth for her forgiveness in earnest will also lead to removing negative karmic debt. We have also built up karmic debt through our abuse of other life forms sharing the planet with us. Send Mother Earth your unconditional love and prayers!

Just know the subconscious is the part of the mind that causes the mental problems people experience in life. The conscious mind never causes trauma or mental difficulties in an individual.

People allow their subconscious mind to become too strong and allow it to take

control. The result is then mental problems manifest from within. Think deeper; use your conscious mind to its fullest potential.

All healing comes from within the individual. Your positive thinking creates the entire basis for the physical healing of your body. Remember the soul/mind/body connection.

Never use medicine made from animals or from the experimentation thereof. To do so will incur negative karmic debt you will have to confront later on.

On a spiritual level humankind is to be a guardian for the animal kingdom while incarnate on Mother Earth. We are here in part to assist them with their growth. To protect and to preserve, not to torture or exterminate them from the planet.

Mother Earth understands that major diseases (Cancer, AIDS, Heart problems, Obesity) serve a higher purpose than most individuals realize. They teach not only lessons of love on an individual basis, they teach also on a worldwide level. Those spirit beings on the other side of life would view a disease like Cancer as a true gift to be experienced to its fullest degree.

Disease also assists Mother Earth through depopulation, not only through the human species but through that of the animal kingdom as well.

There is much humankind can do to assist Mother Earth at this time. Be aware of the energy around you and the environment that you create with your thoughts, actions, and energy. This has a greater impact on the whole of man, and the spiritual realm, than what you may realize. There is a great peace that is achieved by working to understand those around you, their reasons, and the world, and its direction.

Daily meditation is a wonderful experience that should be experienced by all and this will help each in the ways that it should, specific to each individual. Share knowledge, share wisdom. There are those that will understand and many more will follow.

Some will only understand when there are more public experiences with it. Some have a herd mentality. There should be a greater understanding by all to delve deeper into news, information, and more. Do not take things at face value. Worry about your world, work to change it. Worry shall be the motivation. When there is fear that something is drastically changing beyond control this will cause many to change their view and create peace in their environment. Work to create change and realize that resistance will first be expected but that there will come a time when the common practice is much different than what it is now. Some will not be concerned and this is not for them. When they become the minority there is no reason to scoff at them or return the negative energy in which they shared it onto your beliefs. Be patient. Work for understanding and life lessons that are universal to all beings.

CHAPTER ELEVEN

ABORTION, CRIB DEATH AND SUICIDE REVISITED

Those who are for abortion (pro-choice) have the complete backing and understanding of the Creator of All. Those who are against abortion (pro-life) have the complete understanding and backing of the Creator of All. Abortion is a great lesson to be learned on this plane of existence. There should be acceptance of this practice though the goal should be to overcome the fear associated with it by those who are wishing to carry it out. Overcome the worry, fear and selfishness.

Understand that no matter how neglected a child may be, the lesson may be for that child to experience. The lesson can be for themselves, and for others, this can be a great experience. Learning compassion is never easy.

God wants all his creations (souls) to have their chance at fulfilling their destiny. The Creator of All understands when and why we choose abortion.

He takes into consideration that individual's personal reasons; state of mind at the time, and the circumstances that are occurring in that individual's life. Through the use of free will he allows them to exercise their decision as it pertains to their life pattern.

For those who have encountered 'Sudden Infant Death Syndrome' or what is more commonly called 'Crib Death,' let me give you a brief spiritual explanation for that occurrence.

After the mother has given birth to her baby, for the first two years of life the new soul has a decision to make. It can stay and live out that life or it can simply leave.

The soul has the free will to pull itself out of the new physical form and return to the spirit dimension. If it chooses for whatever reason to leave, once it has vacated the tiny body, the baby's shell simply dies. With no soul force inside the infant's body it stops functioning and shuts down.

So if there is no medical reason for an infant's death, the soul itself left for reasons only known to it.

Now let's return to the question of when does life begin? The new soul waiting to be born can enter the baby's body:

1. Before the birth (anytime between conception up to the time of delivery).
2. During the birth time (while delivery is occurring).
3. On rare occasions just after the birth (just seconds or a few minutes).

It's up to the new soul concerning its arrival.

Some new souls early on wish to remain outside the mother's body for a time before entering the body of the baby. Doing this to influence the mother concerning nutrition, health habits, and whatever it deems necessary. It forms a stronger bond to bring them closer in harmony before the birth moment arrives.

There is great debate between those who are pro-life and those who are pro-choice.

The question of 'When does life begin?' can now be answered from the viewpoint of the Creator of All. Life begins when the soul entity enters the baby's body, which as stated earlier is entirely up to the soul entity itself.

The physical body of the baby is merely an empty vessel, supported entirely by the umbilical cord connecting it to the mother's body. If not connected to the mother the baby's body cannot sustain life on its own and it would perish. It cannot sustain life on its own until the soul moves in and gives it life.

To put it more bluntly, the Mother who requests an abortion and the Doctor who performs it are not breaking any laws of God the Great Creator.

Once humankind reaches a higher spiritual level they will realize God's laws are everlasting and unchanging. Mankind on the other hand keeps changing its laws one day for something and the next it is against it.

Abortion will remain a controversial subject until all individuals can become truly enlightened. Once mankind no longer accepts organized religions fear based misconceptions, it will have clarity about God's truth.

Then each individual will be free to choose how they progress spiritually, without the negative judgment of their fellow man. Judge not, least ye be judged!

Suicide is no different an exit from this dimension, then is any other manner of death. Suicide is a physical action manifested from the thoughts and stress that persist on one's mind. These can be overcome, and if not, there are many counseling sessions and advisements when that spirit returns home so that they can understand what torment they felt they were experiencing.

Often times this is a young soul, not many human life experiences, and this is something they must overcome in order to continue learning in the lifetimes of humans. This is no more or less negative or positive than any other action taken on the earth plane. Trial and error, education does not always come quickly, learning by doing. Living the life is how we come to understand and know it.

Self-inflicted death only returns you home, but know that you will incarnate again into a human form, once information has been passed to you so that you can again experience those same conditions and allow yourself to grow. You choose these things in your path. You can overcome them. There is no cheating and giving of more information in an attempt to stave off return.

There are some ideas and knowledge that is in harmony with all beings that are not completely engulfed in nonsensical ideas on the physical plane. Those who have greater information of spirit or those who involved themselves in it may also see it as a tool for overcoming what they fear are overwhelming circumstances. Which are only situations to provide a specific circumstance for that soul's development and to experience that certain set of situations.

Suicide can also be a lesson for those spirits close to that particular entity. This is a lesson in understanding and helping them to cope. As parents, they have had direct contribution to the circumstances now presenting in a suicidal person's mind. They, as a group, must overcome these things and restore love.

Though it is quite possible that the soul in question overcome these things alone and learn to leave without a certain support system, for we in human form are only responsible for our own development. We can help others, but no one can make you

come along the trail.

There is a loss experienced when a life is taken by one's own control and that experience can be for those left in the workings of that lifetime. There are many possibilities where watchers and teachers and observers can intervene. But if a soul is so traumatized that it cannot continue and is not adjusting to the human form or its experiences, then it will be permitted and lessons in which that spirit may have brought lessons to others will still take place but by other means.

Simply juvenile problems that cause suicides are no less important or traumatic than those causes which others may also seem important. The overall problem is lack of understanding of this entrapment in a human form for learning, because of the forgetting of one's true existence.

CHAPTER TWELVE

MULTI-CONSCIOUSNESS

In our physical form we are limited by our ability to experience only five senses; see, hear, taste, touch and smell. Those have a direct correlation to our conscious and sub-conscious minds.

The conscious mind gathers information from the five senses and stores it in the sub-conscious mind to be recalled as needed. Along with all the other information already programmed and stored in our sub-conscious.

That which you think using your conscious mind is brought forth into being by your sub-conscious mind.

The super-conscious mind is linked with the infinite spiritual intelligence of the Creator of All. The super-conscious mind is connected to the physical body. That connection is by way of the sub-conscious mind, via that of the conscious mind. In effect the sub-conscious acts to allow transference from one conscious dimension (physical) to another dimension (spirit) and vice versa.

On the physical level all life is consciously linked together. That is to say not only is humankind connected consciously to each other, we are linked to the animal, mineral and vegetable kingdoms as well. We are also connected to Mother Earth and the infinite cosmos, the universe.

One only has to start ascending to a higher vibrational level to begin tuning into this expanded awareness of consciousness. Thus we can access the knowledge of our oneness with all creations in the vast universe.

The wisdom contained therein comes from the past, present and future combined. Mankind's linear timeline must operate within the dimensional confines of this planet's time and space continuum.

The Creator of All exists as a multitude of interweaving conscious thought patterns which are ever expanding into infinity. By creating 'individual' thought patterns (souls) the Creator gave birth to like companions.

These souls were pure conscious thought forms (energy) made in the image of their creator. As they started to expand their knowledge they began to create. They began moving in and out of different dimensional levels of consciousness at will.

These souls decided it wasn't enough to just study and experience that which they had created. Through conscious thought they made the fateful choice to 'become' the creation itself.

Once they entered into the physical realm they then became separated from the spirit energy (consciousness) which connects them to the Creator of All.

Souls who were not involved in this type of creating, stepped in to help free those souls who were now consciously trapped inside of their own creations.

Using the cycles of reincarnation thus provided a way out for those trapped souls. If you inhabit a physical body you are one who is trapped and working your way back to

the understanding of your true origin.

Some are doing an excellent job of becoming spiritually enlightened in their progression toward ascension. Where they will break free of the need to keep reincarnating back to Mother Earth, and similar other planets and dimensions.

Others however have a long road ahead of them as they struggle to stay on their chosen path. They are still losing more ground than they are attaining at times.

Yet we are all connected one to the other because we are all part of the Creator of All. Therefore no soul is left behind; for how can you join with the Creator if a part of you is missing.

The multi-consciousness of humankind is undergoing a great spiritual enlightenment alongside that of Mother Earth.

The opportunity is there for those who choose the truth of fulfilling their true destiny, in seeking to once again reunite with their Creator.

Cast aside and grow beyond your ego mentality of consumerism. Allow yourself to experience the real you, that inner part which seeks to live spiritually in the consciousness of God.

CHAPTER THIRTEEN

DYNAMICS OF PURE THOUGHT

When you think and produce thoughts, whether negative or positive, you are creating them using spiritual laws. These are in conjunction with physical laws which operate while you are incarnate on Mother Earth.

Thoughts move throughout the cosmos and are not contained or hindered by solid matter. They are stored in the Akashic consciousness of the Creator of All.

Whatever your thoughts concern, the more you dwell on them the more power you give to them. If you add strong emotional energy (love or hate) they grow even more profound in their essence.

Changing your thoughts in a positive direction (love) can bring about spectacular results in your life. Affecting both your physical life and that of your spiritual enlightenment as well. Dwelling on negative thoughts (hatred, anger, etc.) brings on turmoil and chaos into your physical and spiritual life.

Your individual thought patterns have created the very life you are currently experiencing. Whatever life you are living now, positive or negative, you are the sole creator of that existence. Using your own pure thought patterns you brought forth this life, remember the law of attraction.

You cannot blame others in your life for the misfortunes that have befallen you. Karmic debt may be involved. It is the karma you carried from another lifetime of which you, and only you, were the creator of it then as now.

Change your thoughts and you change your life path. It's up to you; no one can do it for you, stop being so afraid of change.

Spirit energy is never destroyed; it can be transformed into many things on many levels of consciousness. But never will it perish or fade away.

Gather your thoughts, narrow them into a positive goal, then focus and visualize them in your mind. Combine them with positive emotion and transform them into physical reality.

That is the basic scope of your ability to co-create in the human form within the confines of pure consciousness.

CHAPTER FOURTEEN

REMOVING RELIGION FROM THE EQUATION

The old organized religions of today are standing in the way of humankind's spiritual evolution. Religions which once served the people have failed to keep pace with an ever changing world.

They once gave service and provided the people with God's spiritual direction. Now they have tried to replace God's will with their will and their control.

Obey our religious authority, believe what we tell you to believe or be forever damned to the eternal fires of Hell. The past and present have shown the world what their religions were all about. Those who did not conform to their belief were subjected to; holy wars, bloodshed, torture, rape, and large scale genocide, all in the name of God.

Families, communities, and nations have been turned against each other through organized religions interference. They have been seeking to exercise their power over the world for centuries.

The stronger organized religions have become over the ages the more the people of the world have been enslaved and slaughtered. Believe what our holy book says or die by our hands or by the hands of our God.

The bible is a collection of stories that may be considered fables or moral stories. Some were based on actual events while others were simply handed down word of mouth as lessons for those who needed the symbolism. There are many sections that were originally written by those with spirit communication and even sections that were given to this planet by other beings from other planets and other beings of light.

There has been much work to control this book and use it for selfish purposes. Realizing this will remove the controlling hold it has over an individual or a group of people who are following this book as though it were an inflexible document and all binding.

There was much done to it to change it from its original format which was intended to be a symbolic guidebook and positive reference for the people of that time period. There are many who included Jesus because they knew of his power though the threat was added of his return to further ensure that a proper behavior was had from subordinates.

There are many true stories in the bible of healing, positive affirmations, and other spirit phenomena. This book allows those who need greater instruction to know that there is a peace far greater than what they presently know. Though this book is used as such it was not intended to divide and should be used to unite. Reading it as you would any other book is the way for those who seek guidance. It is unimportant to sprout a new ritual for reading and following it.

There is much that is unimportant in the bible but the basic tenants of life and kindness to, from, and between mankind are wrapped onto the pages. Each shall have their own view of the world, but the bible may be a basic building block just as many other stories serve the purpose of learning basic concepts such as kindness, love, and

forgiveness.

There is no wrathful god to cower down to as this was also added by those who sought control. Many, when writing various stories that later became this collection, also created more elaborate stories to create an interesting story, from their point of view, while others were simply attempting to show the gravity of the situation. This book was to give purpose and direction to those who were wandering aimlessly. It is still useful if those sections which are glaringly untrue to you are ignored.

Many on certain levels will feel a specific phrase vibrate or resonate with them; these sections are true for them. Inclusion and love is what should be taken from the bible, not many reasons for exclusion and persecution, this was never the original purpose or intention.

The Creator of All has provided humankind with eternal natural laws that aid us in our search for spiritual truth. Religions of the world have taken control of these eternal natural truths to dominate the poor and uneducated masses.

They judge and condemn others while telling their followers not to judge. They insight them to bloodshed when others refuse to conform or submit to their religious authority.

Religions of the world are built upon foundations where falsification, superstitions and fear prevail. Those foundations have provided them with power and control over the common man. They said they want to lead us to God but they paved the golden streets with death, chaos and destruction.

Only you can know what you require for your spiritual advancement. You chose this life for your personal development with the blessing of the Creator of All.

By freeing yourself from the mind and emotional control exercised over you by organized religion, you come to the realization you are in charge of your spiritual destiny.

Break free of the religious corruption that now enslaves your mind, body and soul and return to the Creator of All. Let him guide you back to where you once again are his co-creator, his loving companion.

Religious doctrines force their will upon the unsuspecting people. Telling them they need priests/churches, rabbis/synagogues, clerics/mosques, and the like.

What they fail and refuse to tell the people is the simple truth. Through seeking within, they can experience unconditional love and the truths of the Creator. For God is inside each person and receives us from there. He is not in some holy place or building they assign a religious name to.

The Creator of All needs no religious personage to communicate through in order to make his truths known to you. You have the inner ability to speak directly with your Creator and his Angels. This communication presents itself through relearning the natural ability(s) mankind has forgotten over the centuries.

The time has come to remove religion from the equation. Humankind must be shown the true path to salvation. If you harm another you are harming yourself for we are all from the same source.

Free your children from a life of spiritual slavery by allowing them to explore their world. Educate your children in these basic spiritual truths:

1. Teach them to live a moral life.
2. To help those who have less.

3. To be of service to others in need.
4. To work for the higher good of humankind.
5. And above all to love all life unconditionally.

Teach them the simple rule that has been passed down to mankind throughout the ages; 'Do unto others as you would have them do unto you.' This was given to mankind long before the Nazarene walked the Earth. Even now we still refuse to follow this simple rule because of organized religions fear based hold over us.

Do you truly believe the more power and wealth you have the more the Creator of All will love you? He cares not about how much you have amassed materially. He cares about how much you helped his children to grow spiritually, and whether you have learned the lessons of unconditional love and truth. What you have done with your life to be of service to your fellow man and woman.

These are the things we came to learn that make us worthy of our Creators grace and love. How many of these have you mastered in this lifetime?

CHAPTER FIFTEEN

CAPITALIS: SEVER THE HEAD

The misconception in the Bible that the Creator of All condones ‘an eye for an eye’ has caused many to support capital punishment (death penalty). The Bible was meant to be taken symbolically, not literally. The punishments forthcoming are to be dealt with by karmic justice, not by mankind’s fallible justice system.

The karmic debt for those who participate in state, federal and/or military judicial executions is very negative indeed. Especially for the executioner, and all others involved in the death sentence process.

It is one thing to pronounce judgment against an individual, and sentence him/her to life in prison without the possibility of parole. It is totally another matter to pronounce judgment against an individual and give them the penalty of death!

Only the Creator of All can mete out such a sentence and he refuses to do so because he loves all his children (souls). He allows them the chance to change what is in their hearts and minds while still in the human form.

Time in prison itself can transform even the most lost and hardened soul. Time itself can provide them with the free will choice to transcend hatred. Turning it into love and understanding of oneself, and of their fellow man. But a sentence of death stops the process of inner reflection and enlightenment. It stalls the spiritual growth of all humanity.

There are five basic reasons NOT to employ the death penalty:

1. Innocent Lives; during the last 38 year period over 135 innocent people were wrongfully convicted to death row and later released. How many others were executed before the real truth could be found?
2. Not a Deterrent; all states that do not sponsor capital punishment have the same average or even lower than average homicide rates than do the states with capital punishment statues. Life in prison is equally, if not more effective than a death sentence.
3. Minorities/Poor; racism and bigotry bias plays a major role in deciding who is charged/sentenced in death penalty cases. Especially if the victim was White and the defendant was African-American/Hispanic.
4. Cost; the monetary expenditure to try, convict, sentence, appeals process and maintain an individual on death row is astronomically costly. As opposed to trying, convicting, sentencing and maintaining a person in prison for life. The money saved by life imprisonment sentences, rather than that of a death sentence, could be used for real reform and rehabilitation.
5. Human Rights Violation; over 67 percent of all the nations now on planet earth have abolished the death penalty. This is due to international standards

on human rights. America is one of the top five nations still executing their citizens along with China and Iran.

Think long and hard before you condemn an individual to death. Do you truly think a loving and divine God would want YOU to destroy a life HE created?

CHAPTER SIXTEEN

SOUL ASCENSION

Ascension simply describes the journey a soul undertakes after it has mastered all there is to experience in a particular dimension. Then it is prepared to evolve to the next higher level of consciousness, moving another step closer to the Supreme Creator of All.

Soul consciousness comes in a variety of forms. All the creations living upon Mother Earth have varying degrees of spirit awareness. Included also are the planets, moons, stars, comets, galaxies, universes, and the like. They each contain spirit awareness, yet they do not have the ability to co-create as we do.

We are unique 'souls' for we were created in the image of the Creator of All and given free will and the ability to be co-creators in our own right.

This universe we now occupy and all that lies within has reached its zenith. It no longer can grow in its current consciousness. It has begun evolving to the next higher level of awareness for its evolutionary journey.

In order to fulfill its destiny it must continue to expand from the original foundation it was created from.

There are 4th dimensional souls who have incarnated into a 3rd density system (earth) in order to grow spiritually. They desire to ascend to the 5th dimensional level of consciousness. Many incarnate souls will not make this transition.

Mother Earth is now ascending through her 4th dimensional phase as she evolves toward her 5th dimensional level of consciousness.

What we are now concerned with is Mother Earth, and those souls in human form, who are actively working on their spiritual ascension.

As the enlightened warriors keep incarnating into physicality, they bring with them new abilities for the human forms they inhabit. These abilities will help the human form to keep pace with Mother Earth's evolutionary process.

Those already incarnate on the planet are aware of changes within their physical bodies. They feel the vibrational forces speeding up and vibrating at a faster rate. They too can manifest new abilities during this transitional phase if they so choose.

We've already noted some of the abilities these new incarnating souls will be manifesting in chapter four.

Basically the same mediumistic abilities Jesus of Nazareth used while incarnate upon Mother Earth. Those abilities consisted of levitation, healing, and telepathy among others.

No miracles, just abilities mankind gave up for materialistic desires, yet they are being reintroduced once again. You can manifest some or all of these abilities if you apply yourself. Read on to learn how.

CHAPTER SEVENTEEN

NO HEAVEN? THEN WHERE'S PARADISE?

There was a time when the human race did not exist and there were only energy beings. Part of the Creator. Part of something greater. A division of energy much as your systems delegate power with each being responsible for a tiny part of the greater picture. And each being overseeing a few more to uplift and bring forth a knowing and experiencing to regain control of one's own mind and spirit, away from things that we do not yet understand at this time.

We are all part of a greater being. This being allows us to share energy and information and allows experiences to share. Just as germs assist a body they can hurt it. As we progress, so does the creator, the Supreme Being from which all energy and life flows. Love is eternal in energy form and you would not progress spiritually as you would had you not experienced this human lifetime.

The enlightened soul inhabiting a physical body and living on Mother Earth knows there is no such place as Heaven or Hell. Only in the organized religions of the world do you find such references. They are by design used to control the uneducated, poor and superstitious populations around the globe.

Once our soul has learned and/or experienced what it came to accomplish or failed to accomplish, it discards the physical body. We simply arrive back in the spirit dimension and take on an ethereal body similar to the one we used on earth.

Except this ethereal form has no defects and displays itself in perfection and suffers no ill effects of the aging process. This form is required in the spirit dimension just as a physical form is required on earth.

The ethereal form does not require food, drink, or air to breathe unlike that of the human form. The ethereal covering does contain emotions, but not on the lower animalistic level as experienced by the human form.

Individuals on earth cover the full spectrum from the brightest/smartest people on the high end of the scale, to those who are absolute idiots/morons on the lower end of the scale.

Whereas those souls who dwell in the spirit dimension are separated. They live in one of the seven major zones of consciousness with other souls who are on their spiritual level. These zones are based on how enlightened or spiritually advanced a soul has become. Like attracts like.

Each major zone and sub-zones are vibrating and spinning at a higher frequency as you ascend through them.

Each of these seven major zones contains what we will refer to as seven sub-zones. Based on how you lived out your last incarnation (positive or negative); you will reside in one of the seven sub-zones of one of the seven major zones.

To give you a better understanding let's say for example, that a soul who was living in the spirit dimension on the 5th sub-zone of the 3rd major zone incarnated to earth as a

female.

She lived a full life and finished up her incarnation that lasted ninety-one years. She died; her soul left the physical body and crossed over to the spirit dimension.

During that incarnation that soul had experienced most of the lessons it had chosen to learn. That life was positive and the soul advanced spiritually.

That soul now advances to the next level of consciousness that it has earned. The soul moves from the 5th sub-zone to the 6th sub-zone of the 3rd major zone.

What if that lifetime had been mainly negative? Upon returning to the spirit dimension, that soul would have been sent to live on a lower sub-zone. Such as that of the 2nd sub-zone of the 3rd major zone.

It would then take many more incarnations to regain the ground it had lost so it could keep advancing spiritually.

What if that lifetime had been extremely positive? That soul could then advance several sub-zones for which it had earned that right.

Major zones one and two are for those souls who have created for themselves great negative karmic debt. Those who caused great harm while in the physical form.

Those lower two zones are filled with souls who judged, and then banished themselves to one of those lower zones. They place themselves there after reviewing the severe negative lifetime they just left.

God does not judge them; they have the free will to judge their actions they took while in the human form. Once they leave the human form they see clearly how they interacted with others. Therefore, with the assistance of higher beings, they make the judgment as to where they end up.

Each major zone contains seven sub-zones. For example major zone number four has seven sub-zones in it. Once you have advanced from sub-zone number one, all the way through to sub-zone number seven, you then advance to major zone number five.

You must advance through those seven sub-zones of major zone number five to advance to the next major zone of number six and so on.

Once you reach the seventh sub-zone of the seventh major zone you are spiritually enlightened and have mastered all that is contained therein.

Now you are ready to ascend to the next consciousness of which you will no longer require an ethereal form. You would be seen as pure light, pure energy, and would no longer be bound by the seven major zones of consciousness. Never would you enter a physical or ethereal form again.

You would be back on the level of co-creator, and be aware of your pure companion status with the Supreme Creator of All.

For your further understating; each individual universe or dimension has its own Creator. Each area of planetary living has been located in such an area that each domain is watched over, tended to, and life and energy brought forth into it by a Creator for that specific realm of existence.

This is not to say that there cannot be more than one entity infusing power, and direction into the life and plane of existence. But there is only one single being that is responsible for its ultimate direction no matter what other entities, or life forms may inhabit it, or cross from other dimensions to assist with that dimension's existence.

There is one Lord, or God, or Supreme Creator that then observes these Creators and can assist them. This is much the same way that many groups of people delegate power

to accomplish a common good. No one person on your plane can watch a massive area, or oversee the production of a very complex event or complex item. This is the same for existence as you know it. There are many assigned to watch over your area, there is only one to direct, and become responsible for its driving purpose, its mission, but then there is the Supreme Creator which is then responsible for all life and all dimensions.

CHAPTER EIGHTEEN

YOUR PATHWAY TO ASCENSION

Through the evolving human form we can manipulate our soul enlightenment. This is accomplished by way of bringing to the forefront our innate mediumistic abilities. These abilities are brought forth through the use of a standard meditation technique.

The following instruction will give the necessary foundation for an individual to start on the pathway to their ascension journey.

First let us discuss some basic information for those who are new to meditation. We can then discuss what abilities can be manifest through the practice of meditation.

As one opens themselves to meditation they can easily transcend from one inter-dimensional consciousness to another. Thus making contact with those soul beings that are eager to assist with the soul ascension of those still in the human form.

The majority who begin meditation in earnest will progress smoothly through it. While there will be a minority who will have some difficulty at first, yet if they persevere, they too will be able to progress spiritually.

One must truly desire to advance their soul through meditation in order to develop their ability. They must be strong willed enough to stay focused, and be committed to finishing what they have started.

As one becomes aware of the seven zones of consciousness, one will then become aware through meditation of the seven centers of enlightenment. Those spiritual centers being called by many the chakras.

Through meditation you can open these centers, giving them new life. Here is the basic information on how to meditate, and form a secure foundation to start your spiritual journey.

Meditation will bring forth your ability(s) which will manifest themselves as mediumistic and/or psychic in form and nature. Those same abilities used by Jesus of Nazareth some two thousand years ago.

Let's begin by explaining the basic difference between a Psychic and a Medium:

1. Medium's are the ones who bridge the gap between the physical dimension and the spiritual dimension. They are in direct communication with soul beings from the other side. They transfer information received from those on the other side to you here on earth. A true medium may or may not go into a trance state. Mediums may use one or a combination of abilities (mental and/or physical). They bring forth information through clairvoyance, clairaudience, direct voice and automatic writing just to name a few.
2. A psychics abilities deal with the physical dimension and they are not tuned into the spirit dimension. They use ESP (extra-sensory perception) and/or intuition to read your thoughts/vibrations. They commonly tune in to your sub-conscious mind to receive information directly from you. They are not in communication

with any being from the spirit dimension.

A true medium should welcome not only advancing themselves but in helping to advance all of humanity.

Those who are of a good and pure heart will do best in this endeavor. Service to your fellow man/woman/nature is what the Creator of All seeks from all his soul creations.

In the spirit dimension there are those beings that maintain contact with the physical dimension. They seek out those who actively desire to grow spiritually.

Once you demonstrate your willingness, a group of like minded beings will come together to start the necessary process of reworking your physical body. At that point they will decide on what would be the best type of mediumship suited to you as an individual.

Those who gather around you have been known by many names throughout history. We shall use the basic names they have been called by in the past 300 year period.

This group will consist of a Master Teacher, a Guardian Angel, a Chemist (Spirit Doctor), Gatekeeper (Messenger), Health Guide, and a North American Native Indian. Others will come and go as needed depending on what type of ability(s) you manifest through your meditational development.

For a better understanding let us give a brief definition of each member of a typical group and what their primary functions are:

1. Master Teacher: This is the most advanced enlightened entity that oversees your human life, and those assigned to help you. From the point of spiritual awareness he is the highest evolved soul entity involved in your life. He observes and watches over the others from time to time, and makes any necessary corrections as the others assist you. When you reach the point of death, he has the final say as to whether you stay on earth, or you are allowed to cross over to the spirit dimension. If he determines you have progressed as far as you can, then he will instruct your guardian angel to return your soul to the spirit dimension. If you still have work and/or lessons to accomplish, then your soul will not be allowed to leave the human body it occupies. Your spirit group will then try to assist you in completing your chosen lessons.
2. Guardian Angel: He is the main spirit being who oversees that life you are now living. He and the other spirit helpers will assist you as you go through this life you programmed. You have free will up to a point. Your guardian angel, with help from your other guides, will try and help you accomplish your goals. Your guardian angel will supervise how and when the others will interact with you.
3. Chemist: He deals mainly with the chemical make-up of your physical body. As you progress toward developing your mediumship potential, it is his primary function to keep your body chemically balanced. Such as adding and/or subtracting certain chemicals. Chemicals needed in your body to sustain the desired effects of your ability(s).

4. Health Guide: She deals with such things as basic nutrition, sleep and exercise. She assists the others in your group with the development they have chosen for you. She offers advice on what foods are necessary to fortify your body. She advises on what is needed in conjunction with the chemicals that are being introduced to your physical system.
5. Gatekeeper: She allows other spirit beings who are not a part of your inner group to use you for communication. She allows this communication from them only if they present no danger to you. Otherwise she stops them from interfering or using you in any negative way. They are not allowed near you during the time of communication between the physical and spiritual dimensions. Your gatekeeper and the others take turns mentally staying in tune with you. Just in case you mentally ask for guidance, healing or whatever, and they perform that task for you.
6. North American Native Indian: His task is to build and supply the needed power/energy necessary to produce healing and/or physical phenomena. This depending on what you are manifesting with your meditational development. North American Indians were masters of natural/spiritual laws, and understood how these laws operated. In the spirit dimension many have agreed to assist those in the human form with their development.

Let us now define the mental and physical abilities we have been referring to throughout this book. Those basic abilities used by many mediums and those used by Jesus of Nazareth. They are broken down into two main categories; that of Mental and that of Physical abilities.

You may check into other sources for more in-depth information on these, and other mental/physical areas of interest.

Here is a brief description of each category:

A. Mental Development: In mental development the conscious mind plays the major role. Clairvoyance and clairaudience are just a couple of abilities we will use for example. Clairvoyance (to see) is where spirit beings thought impressions are registered on your mind. These thoughts come through as a vision, symbol or impression, or a combination thereof. Clairaudience (to hear) is where the auditory information coming from a spirit being is received by the individual as a voice they hear inside their head.

B. Physical Development: In physical development the unconscious mind plays the major role. Direct voice, materialization, and levitation are just a few abilities that can be produced by physical phenomena. In physical development a spirit being will use energy from the individual to produce the desired effect. Ectoplasm is a sticky substance which is sensitive to light at the present time, and is drawn from a developed individual's physical body. Ectoplasm can be visible or invisible to the human eye. The spirit being will draw out the ectoplasm material from the developed individual physical body. It will then be used to cover parts, or even all of a spirits body, so that it may be viewed by those in the human form. In the very near future, ectoplasm will be used in the light; this will

be brought into the physical world. Many are developing this or returning to it now.

Another aspect of development is one in which an individual can place themselves in a Trance State. There are seven levels of trance an individual may experience, from a light trance to total control of an individual.

A spirit being may come into total harmony with the vibration of an individual's brain pattern. At that juncture the spirit being can completely control, with the person's permission, the individual's body while in the 7th level of deep trance.

At that level it gives the spirit being control of speech, and all other main faculties of the individual. That in turn allows the spirit being to communicate directly with those who present.

Just note; at no time does the individual's soul during deep trance leave its physical body.

Meditation is the key to attuning yourself to your spirit group's vibrational pattern. Here is the basic set of instructions to get you started on your inner journey:

1. Start with a basic chair which has a straight back to it. Center it in the middle of the room or thereabouts. (Later on when you're more advanced, you may sit in a more comfortable chair, or lay on a bed as long as you remain awake.) Place your feet flat on the floor, legs uncrossed. Rest the palms of your hands on your thighs, arms uncrossed. Wear comfortable, loose fitting clothes.
2. The room you choose should be quiet, and the lighting should be low. Begin sitting in near darkness to help shut out the external stimuli to help quiet the mind. If you have trouble clearing your mind play some soft meditative music. Concentrate on that until you have more mental control. You may also do a breathing technique to help relax. Breathe in through the nose, and hold for a count of seven. Then breathe out through the mouth, and hold for a count of seven. Repeat this for a total of seven times. As your ability advances, you can start increasing the level of light, to where you will be sitting in a normal well lit room.
3. To begin your development say out loud a prayer, or invocation of your choosing. You may use the Lord's Prayer or you may use this invocation; "Creator of All please bring forth the positive energies to join with me for this development. Let your pure white light surround me and protect me. Thank you dear Creator." Next call to your spirit group or guardian angel out loud. Ask them to come and join you for this development. Saying it out loud allows your spirit group to turn your voice vibration into energy. This energy can then be used to assist them in lowering their higher vibration to meet yours.
4. Now close your eyes and begin your meditation. Start by meditating 15 to 30 minutes. More if you feel comfortable with it but don't overdo it (see the 'Warning' section). Do what feels right for you. No two people progress at the same rate. Some individuals can meditate every day; others may choose only once a week or three times a week. Be punctual for the starting time. For example if you plan to

meditate on Monday, Wednesday and Friday at 2pm. Then be punctual for the 2pm starting time. If you pick random times, not all of your spirit group may come to work with you. If you are there on the same days and times you choose, then they too will be there. Don't rush your development. Things in the physical dimension take time to manifest.

5. When you have finished meditating you may mentally say a closing prayer. Or simply say you are going to close, and thank your spirit group for coming and working with you.

WARNING SECTION: At any point you feel mentally and/or emotionally out-of-control, STOP meditating for a period of no less than 30 days. Do not allow yourself to become overwhelmed. Pay attention to the intensity of the vibrations you are experiencing through your spirit group. Start up with your meditation only after you have regained control physically, mentally and/or emotionally. When you begin again move at a slower pace. Meditate only once a week and for only 15 to 30 minutes. Don't force yourself, let things flow smoothly along at a pace you can handle.

Each individual is different in what they may experience during their meditational development. Take note of the basic causes' of the eight listed items below. They are usually a result of your spirit group either adjusting your chakras' and/or adding chemicals to your physical body. Do not be alarmed, simply relax and allow them to proceed. Some individuals, not all, will experience one or more of the following. This being based upon what type of ability(s) they are manifesting:

1. Sensation of spinning and/or floating/levitating upward.
2. Temporary memory loss.
3. Images/visions inside the mind's eye.
4. Headaches (associated with the third eye).
5. Stomach aches (due to chemicals being added).
6. Pinpricks (around the head and/or neck area).
7. Seeing waves/clouds of one or more colors.
8. Voices/sounds heard inside the ears/head.

Note: Some individuals never experience or feel any of these during their development. Each person is unique and will progress in different ways. Don't compare yourself to others, each has his/her own path to follow in life.

Jesus of Nazareth once said, "He who believes in the works I do, will do even greater works." (Healing, Levitation, etc.)

Enjoy your journey through ascension!

EPILOGUE

For the Aquarian age to usher in a new era of positive light, the corrupt, immoral elite must be summarily dethroned. If they are not removed from power, all societies will not be able to live side by side in peaceful coexistence.

Without sweeping change the world as we know it is doomed to war, terrorism and economic chaos. Mother Earth cannot and will not accept such a situation in the future as she moves through her ascension.

The wealth must be shared equally among all humankind or war and chaos will never cease. There is a change and shift coming. You have been reading about this. Those who want the freedom of mind and spirit will experience it soon. There is a great unlocking taking place of energy that will allow this to take place. It is important for soul development.

There needs to be less focus on that which you cannot bring from lifetime to lifetime. There is a simple saying which has echoed throughout the ages and in many forms; if you cannot take it with you, why is it worth your time? There is no need for excessive personal affects when there is much more that is being neglected spiritually. Items do not bring happiness. Happiness in action and thought brings happiness. There is much that can be learned by a life of simplicity, minimalism, and yes, even poverty. Stress can often be experienced by all of these items rather than bring happiness.

Entertainment is received by helping the family member, helping someone who, were it not for you, would not have been able to achieve something great, or something simple. The kindest action is not measured in the grandness that it might create, but from the motivation you used to help that person. You are able to create peace, please focus on things with lasting results. Think forwards instead of thinking right now.

Those who work together for the greater good will prevail, while those who do not will pay a severe price. Our power hungry materialism will not be tolerated in the new future Mother Earth is creating.

In order to bring about change in our world we must change ourselves first. Inner peace can be found through forgiveness of oneself and of all others. Examine your life before you dare judge another's life.

There is only one Supreme Creator of All which encompasses all universal multidimensional consciousness. The belief in the Creator, that one source of all life, is what is important to humankind.

The Creator gave life to all living things, and therefore all creations are to be unconditionally loved. For all are living expressions of his unconditional love.

Look to Mother Nature to see the marvelous creations that abound. Even a common blade of grass is created so perfect, that no human scientist can possibly re-create what the Creator has brought forth.

We must allow ourselves to open up to those creations, and feel the connection and oneness between us. Then we can find peace within ourselves.

Once we experience this inner joy for ourselves, we then can assist others on their inner path to discovery.

Ascension is simply the journey you have undertaken in order to master the seven major zones and their sub-zones.

That revelation then brings you to the truth, that you were never truly separated from the Supreme Creator of All!